

SpiritWeb: Flower of Life, Merkaba Teacher



Drunvalo is a big-hearted, gentle man who "walked into" his adult physical body in 1972 and who retains full memory through different lifetimes and varying dimensions of consciousness. He is an accomplished scientist, physicist, inventor, healer and teacher. His main purpose in coming to our 3-D world at this time is to help Earth's people to make a smooth transition through the upcoming Shift of the Ages. He feels the most important work "is to remind us about our Merkaba, the powerful etheric fields that exist around each of our bodies, which have been in a dormant state since the fall of Atlantis," which occurred approximately 13,000 years ago. Drunvalo and his facilitators teach the acceleration of perfect health, well-being and spiritual transformation through the activation of the Merkaba, resulting in deeper contact with the Higher Self and giving "unparalleled protection" as Earth goes through its changes, as well as strengthening all aspects of one's life. The Merkaba is activated through an ancient way of breathing and meditation originally taught in the Egyptian Mystery School. --- (by Christan Hummel)

- Mother Earth The New Consciousness and Sacred Water Tue Jul 6 1999
- The Starlight Centre: Interview with Drunvalo Melchizedek Fri Feb 20 1998
- Drunvalo Melchizedek at Prophets Conference 1997 Sat Feb 7 1998
- Waving Away Pollution Sat Oct 18 1997
- Drunvalo Melchizedek: 4th Dimension is upon us Tue Jul 23 1996
- Merkaba Meditation according Drunvalo Melchizedek Mon Dec 26 1994
- A Love Story, A Lecture Sat Oct 22 1994

And further related articles & sites:

- Amaterasu: The Goddess of Light Re-emerges () Article from first FOL (Flower Of Life) Newsletter
- Flower of Life (*div. Authors*) Geometry structures in different areas of life, i.e., golden-section, etc. Drunvalo.Net
- Original homepage of Drunvalo Melchizedek
- Flower of Life Homepage Original homepage of FOL and Drunvalo Melchizedek
- Melchizedek Order (div. Authors)
- Melchizedek List () Mailing-list on Melchizedek Order

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MOTHER EARTH - THE NEW CONSCIOUSNESS AND SACRED WATER

written by **Drunvalo Melchizedek** Posted Tue, 6-Jul-1999 18: 29: 38 GMT

A Talk presented by Drunvalo Melchezidek, May 1st, 1999.

SUMMARY

Sommark T Some Sufi masters in Turkey who had been doing powerful Zikhr chants have presented to the world a water that appears to be alive and have God-consciousness. This water has different effects on different things. It seems to have an optimal effect on whatever it touches. They used it in one of the most polluted bays in the world ... dark with black bubbles. It became totally clear within a few days. Unfortunately the channels coming into the bay continue to pollute it. Drunvalo Melchezidek had just come from a meeting with FBI, CIA, military officials, and top corporation scientists in Washington where they demonstrated this water in action. It cleared away the most disgusting pollution in glass containers (sewage, oil, chemicals) very quickly with only a teaspoon of the water. They also did experiments with huge ponds of water with the same results. This water also put out chemical and petrochemical fires and methane fires at garbage fill sites that had not been successfully put out before... and the fires would not restart afterwards. It also works the same on forest fires. Some environmental scientists at the meeting said that if a miracle like this had not come along, the earth would be dead within 3 years due to the pollution. The best news is that the governments are willing to allow this water to be used to clear the planet's pollution. This water is called super-ionized water. A company out of Istanbul, Turkey has been started by Ihan Doyuk called Perfect Science. A 48 million-dollar plant has been built in Turkey to produce 100,000 tons of this water a day. The water seems to have many more uses. Drunvalo could not say more due to a confidentiality agreement he had signed. He could not tell us what it does to human bodies but he did say that it may be the most interesting use of the water of all.

INTRODUCTORY NOTES

Drunvalo Melchezidek gave this talk on May 1st '99 at the Wesak '99 celebration help at Mount Shasta. The message has such an importance that the word needs to go out there and be spread to all. If the version of the document has been mangled or has parts missing due to multiple forwarding, you can find the original at http://www.transformacomm.com/ in both HTML and TXT (ASCII) format. Please see the bottom of this document for additional notes.

COMPLETE TRANSCRIPT OF THE TALK

Part I - Setting the stage New concepts and Ideas are coming

Drunvalo: Ok. We are ready to begin now.

2 What I am about to tell you about today is one of the more exciting things that I have seen in this world in a long time. This is brand new; you've never heard me talk about it before and it is just beginning in the planet right now. As I see it, we are never going to be the same after this is understood and it is actually really lived in this world. About six years ago, I was in meditation with a man called [Chichi Tad Armachid Vollites (???)], some of you know this [poet (???)]. And, in a single day, he said he had to leave, that him and most of the ascended masters, not all of them, but a great deal of them, had to go on a journey to another universe to live the experience of what we are all going to live very soon, so that they could find a pathway to this new world, this new way of being. And, for about the last six years, I have been alone with the angels and he's been gone. In January of this year, the angels came in and they said that many of them are now returning in the Egyptian window which is between January 10th and January 19th. That a certain group of them was coming back, and were bringing with them the knowledge of what they'd learned over the last six years. Which, in the other dimensional levels was really hundreds and hundreds of thousands of years. And that, with their coming back, new concepts and new ideas that mankind has never known or ever even conceived of before, would now [emerge (???)] on the earth. Ideas we've never ever thought of.

the earth. Ideas we've never ever thought of. So, I am going to give you one of these new ideas, that has... it's new, but it is always in the universe. But we have never seen it ever before, not ever. And, I am going to call this talk, Mother Earth - The New Consciousness and Sacred Water.

Laving the Groundwork

I am going to talk about water. In fact, I am going to drink some right now (laughter). Water is more than we know. In order to talk about what is going on with water, I have to begin by laying out some groundwork so you can understand a larger context of what I am really talking about here. So, let's imagine ourselves coming in from space for the first time into this solar system. As we pass through all of these different planets, through the outer planets of Pluto and Neptune. As we are making our way in towards the sun, we come to this planet here, that we are on, which is unique and different from all the other ones because it is a water planet. Almost all of the surface of this planet is water. And when you come down to the surface of this planet, the beings that live here, the humans, the dogs, the cats, the trees, and all the life forms that live here, come from water, and are made of water. Our bodies are almost all water. As we live on this water planet, in water bodies, we are attracted to water. If you move through the forest and you come to a river, your heart is pulled to that place, because you can feel the life energy that is there. Water is... alive. It's more alive than we know. And I'm beginning to truly understand what the ancients have said, that the waters are living waters.

living waters.

There was a man named Jesus who began his ministry with baptism; baptism into water. What does that mean? What does it really mean to be baptized in the water? To explain this a little bit, I have to go a little bit mathematical in a way. In ancient times, there were five shapes, the five Platonic solids. Each one of these five Platonic solids had an element associated with them. There was the tetrahedron, the cube, the octahedron, the icosahedron, and the dodecahedron.

The tetrahedron was fire. The cube was the earth. The octahedron was air. And the icosahedron was water. And the dodecahedron was prana, or ether.

The icosahedron and the dodecahedron are linked together. You can't talk about one without the other. They are what are called in mathematics the duals of each other. You can create one from the other. The icosahedron, being water, was the aspect that this earth was missing since the time of Atlantis. So, the Great White Brotherhood, for the last 13,000 years, and everything that these [decided two orders (???)] have been doing has been around bringing back of the consciousness of water and prana together. Consciousness of water. It really is that simple. That is all that they've been doing. (Ed: The word "White" in this case has nothing to do with race; rather it stands for that aspect of being that includes all colours within it and, additionally, for purity. purity).

If we look at the DNA that which encodes our information, it is made up of only the icosahedron and the dodecahedron. That's all it is. It is water and prana put together.

The Christ grid that is around the earth, that we are all familiar [with (???)], that the Great White Brotherhood has been working on for 13,000 years, so that we can move into the next consciousness, is made up of an icosahedron and a dodecahedron: water and prana. There is so much around this; there is no way I'd be able to do this in an hour. I can only just give you a little bit. I can't really give you everything here right now, but I will really do my best. All I can say is that there is something very very special about water; especially water of a certain kind of nature that will change this world.

this world.

Structured vs. Unstructured Water

I will talk now about research that was done in the past around water so you can begin to get a framework to begin to discuss what's now happening in the world. In the University of Georgia, I don't know how long ago it was, it was in the early 1990s, they discovered that every cell in your body that is diseased, or that is harmed in one way or another is surrounded by something called unstructured water. Always, whatever the disease is, it's always surrounded by this unstructured water. They discovered that ever healthy cell, no matter which cell it is, is always surrounded by structured water. So, what is the difference? It is extremely simple. The only difference is in the number of electrons that are in the outer orbits. That is it! That unstructured water is missing these outer electrons. And it causes disease. And water that has these outer electrons and their shells are completed, is healthy.

Instructured water is missing those outer electrons that are not polluted; that water is structured. shells are completed, is healthy. Water flowing through rivers and lakes in natural situations that are not polluted; that water is structured. However, water that goes through a pipe, which almost all of our water that goes into our bodies does, is unstructured. It only takes just a few feet of moving through a pipe under pressure and the water can't rotate the way that it wants to. Instead, it is forced to move in concentric rings. And these concentric rings, rip off the outer electrons and form unstructured water. We are kind of doing what they did in Rome a long time ago... like eating off of lead plates. We are drinking out of high-pressured water

There have been many people since this time, when they discovered this, when they realized, "Oh my God, we are drinking water that is killing us, what will we do about it?" Then, many many researchers that began to look for ways to quickly restructure the water. One of these was [Walter Von Gardner (???)]. He is a genius in water and probably knows more about it than anybody in the world. He used to be the head of the Walter Russell School for a long time. And he created this sort of an egg shaped glass container that if you put in water in there and certain minerals, colloidal minerals, and stir it in a certain kind of way, that this water became structured and became super alive

If you took a Kirilian photograph of the glass of water before and after. The water, before it used to literally kind of glow of white light around it. But, afterwards, here was a ball of white light about this big around the glass of water. You couldn't even see the glass it was so bright.

And people were beginning to understand the difference between structured and unstructured water. After finding, they began to do research into micro clusters and different kinds of water. He found that if you put magnets in a hexagonal shape, and ran water through it, it instantaneously structured the water.

instantaneously structured the water. And so they started doing research in things like swimming pools and hot tubs. Where you could run water going through these pools, the water would not grow bacteria, because it kept it alive. However, the research we did on this when we looked at it, and was able to put it up onto our computer screens to see, like water that was structured in this way. We discovered that it didn't even look like water. It looked like acid. And we began to ask, are we doing more harm than good? Cause, we were like babies, trying to understand something that we just barely knew. And then, a group of people decided to make the water move in rotational patterns in the way it wants to, which was one of the primary keys to make a water alive again. And they found that there were 12 metals. That if you made these 12 metals in a certain way, and the water could move around them, that the water became super alive immediately, without any of this fancy stuff that [Walter Von Gardner (???)] was doing. There was some research done in California in an orange grove, which was astounding! They took an orange grove that... they picked this grove because it had consistently given the same yield every year for ten years in a row. It gave two yields every year and the number of oranges was almost exactly the same.

So they went there and changed these little nozzles, and they put them to feed each of the trees. That was the only change they made. And, immediately, instantaneously, it went from two yields to five yields. And those yields were 20% higher than before. All they did was

And, immediately, instantaneously, it went from two yields to five yields. And those yields were 20% higher than before. All they did was sending living water into the trees. Many people have been doing research around this. I cannot bring up all of them... everything they have said and they've done. But, it's been real clear to people who are involved in water that there is something that we have forgotten, or something that we have done, that has changed things, about that idea of what water is. In 1996, I was approached by two people, one named Bob Dratch and Slim Spurling who had created a.... had taken the water from a rain cloud, right before it was going to dump water, before it was going to rain... and had taken that through something called a molecular emission scanner, put it through a special set of software, and into a computer, and then reprogrammed that, that microwave emissions into a

sound which you could hear. That sound was then transmitted by an antenna, a coil that Slim made called a Harmonizer, which would projected out in the atmosphere for about 35 miles around. They did this in Denver, through the year of 1995. It actually began in 1994 and they quit in 1996. For the one single year of 1995 in Denver, they had this running, they were just simply projecting out the energy of a rain cloud. Denver became the cleanest it was in the history of their recording... ever, for one year. The moment they quit, in 1996, it became polluted again. They asked me to begin to do research in this also. In June of 1996, in Phoenix Arizona, we began to do a similar test using something called the R-2, which is certain little coils combined in a way, that act as an antenna to put out whatever waveform or vibration we wished. At that time, Phoenix was in the most polluted state it had ever been in its recorded history. They were going into a "serious" rating, and the government itself was freaked out, because they didn't know what to do. They wouldn't allow us to do the research let us say, legally, so we solute out such a state of 1996 the system was running fully until May of 1998. We noticed that a city as polluted, that you could hardly breathe in, you couldn't even see more than a few blocks, in the city was so bad. In a very short time, went clear and clean and you could breathe again. That the birds and the animals came back. That the whole nature of the clouds above it changed, that the smell went away, it got clean. It became very exciting. I thought that we had really found a true answer, for the world to turn itself clean of the pollution. And it did work! From September 1st of 1996 down to single digits and many times down to zero... not recording anything at all, it was so clean.

clean.

This was encouraging, because you see, from everything I am being told from the Ascended Masters and from the angelic realms, we can't leave here until we clean up our place. It is part of our consciousness. It was our consciousness that created the earth the way and state that it is now. In a state where it is dying. And before we leave, it is our responsibility, as spiritual beings, with the awareness that is now emerging on this earth, to clean our world and to bring in back into health the way it was before. I have been working in every way I know, to fulfil this.

Clustered Water

Fourteen years ago, a new kind of water emerged on the earth; a water never seen before, never heard of, never known existed. This water is called clustered water. The water looks under a microscope like snowflakes. It's formed in little hexagons, little hexagonal patterns. This water is found in all babies: human babies, baby trees, baby horses. All babies are filled with clustered water. But very soon, we lose that, and it goes into structured water. And then very soon, because of the way we live in this polluted world, it begins to move into unstructured water. This is a... The research around clustered water is new. It appears to be a definite step forward in allowing consciousness inside the

human body to emerge faster. Part II - The Miracle The Discovery of a New Type of Water

But now, something else has happened. Something that so extraordinary... I don't even know how to actually tell you this. I'll do my best.

Ten years ago... a little more I believe, there was a small group of very old Sufi masters, that were chanting Zikhr in Turkey. They are quiet, and nobody knows about them. And they have been creating something; or, allowing something to come through them that mankind has never seen.

never seen. One of these men came forth from this group. He is also a Sufi master, he is 78 years old. He looks like and feels like he is about 40. You'd never know that he an older person. He gave something to the world... he just gave them some water. Some water that mankind has never seen. He said, "Here, this is for the healing of the world". They began to do research. And they found that whenever they put this water, in a polluted lake, or a polluted river, then it would immediately, within days, usually 3 or 4 days, the whole lake, the whole river would go absolutely clean, the way it was 1000 years ago. Even the sediment and everything inside there. Nobody could believe it, but they had to believe it because they could see it. But, they couldn't believe it. And they continued to do research for 10 years. In January, which happens to be exactly in the Egyptian window when the angels were telling me that something new is going to emerge.

In January, which happens to be exactly in the Egyptian window when the angels were telling me that something new is going to emerge on the earth, they tried to get in contact with me. But I was too busy roaming around the world. They kept trying and trying. And I kept saying

"No, no, I can't do this, I don't have time". Finally, about three months ago, I still didn't have time, but I sent some of the people I work with into Florida to see if what they were saying was really true. These were people who were trained and could identify if this was something real or just an illusion. They couldn't... they got on the phone with me and they couldn't even talk. They were like children, they were so excited. They were just going, "I can't believe this, it's really real". It actually was true!

The Demonstration Meeting And so I just came back from a meeting in Washington D.C., in a secret little room with the military, the Air Force, the army, the CIA, the FBI... (laughter) all those guys, about 15 high high level physicists and chemists from major corporations. This was being held in a Fortune

500 corporation. I had to sign all of these documents that I would be careful about what I say. But they are letting me say what I can say, and what I can say is good enough.

say is good enough. They first brought two big containers of polluted water. One of them smelled like sewage. It was brown, it was yucky, and it was about as bad as you can get. And they put that there. The second one was another kind of yellowish coloured brown polluted water that smelled like gasoline and oil and obviously had chemicals inside of it. And it was hard to even get your nose into that either. They put them up high, and Mr. Ihan Doyuk said, "Now this is like a lake". And he took about a teaspoonful, which he said was way more than was needed but they did that so that it would go faster, he put a little teaspoonful of water in there and stepped back so that there would be no influence. And, very slowly, over two hours, we watched both of these waters, the pollution slowly head towards the bottom. What was above was the cleanest, clearest water you could imagine, until they were all the way down at the bottom. And there was nothing, even the sediment and everything was down to absolutely clear water. This is really real! He then took a little goldfish and he put it inside there so that it could swim around to show that if there were to be any chemicals or anything in there it would die. And after three hours, this little fish was still swimming. What is interesting... they called me up. The head of this whole project, called me up the next day and said, "You won't believe it. They took the fish out of the water and put it back into the aquarium downstairs and when they came in the next morning, the whole aquarium was clean" (laughter). It totally went clean and clear. They took pure motor oil right out of the can, popped the lid, poured it with another whole bunch of oil like this, put about 3 or 4 drops of water and shock it up. Instantaneously, within 3 seconds, the motor oil no longer existed on the earth. Instead, it was proteins and amino

of water and shook it up. Instantaneously, within 3 seconds, the motor oil no longer existed on the earth. Instead, it was proteins and amino acids... that are fish food. Instantaneously!

This is an interesting analogy because oil is the end product of millions of years of life. It is the end, it is black, it is the end. And when it comes in contact with this water, it immediately turns white and becomes proteins and amino acids; the beginning of life.

Super-ionized Water

What is this water? All it is, is water with 3 extra electrons on the outer orbits. It is called super-ionized water. You're going to hear about it. There is no doubt! Super-ionized water is..

about it. There is no doubt! Super-ionized water is... Again, all the scientists and the physicists and the chemists of the world have been studying this for the past few years who have been keeping it secret. Not one of them, with all their credentials and everything, even though they can see it happen, cannot explain to you how it is happening. They don't know! They can't figure it out. On top of this, by studying the reaction, and there is some things I can't tell you, it appears as though this water is consciousness, it is alive and it knows what it's doing! It knows exactly what it's doing because it... it will go into one reaction, one chemical reaction and do one thing, and turn another reaction with a similar kind of compound, and do something else that could only have been done by consciousness. You know that something is different about this water, because if you take a light bulb, an ordinary light bulb, and you cut the wire so that if you put the two wires together the light bulb will go on. If you stick those two wires in water which is a dielectric, nothing happens, it is impossible by everything that we know. And there is a flow of electrical energy through the water, that they are describing as liquid electrons. This came from Sufi teachers and masters as a gift to the world. If you could only know what I know, if you could only see what I have seen.

seen

Cleaning up of Izmit Bav

They went into Izmit Bay in Istanbul in Turkey. (Ed: In the talk, he mentions Izmir Bay, which is far from Istanbul and is still polluted. Ismit Bay which is 45 minutes from Istanbul is the one which has gone clean and where fish have returned) Izmit Bay is so polluted. It is the

4 most polluted body of water on the planet. It looks like pure oil. It is black. It is not water anymore. It is just black oil. And they took these two huge tanks, like swimming pools and they filled it up with this black water. One was the control and one was the experiment. And they took just a couple of gallons of this water, in these hundreds and hundreds of thousands of gallons of this garbage water. It was so bad that it was forming black bubbles on the surface. In less than a few hours, the pool went crystal clear. It was clean. They then went to Izmit Bay, and the entire bay went clean, the whole thing. But they can't keep it that way because it got canals as big as this room (Ed: the talk was giving in a school gymnasium) with garbage being pumped into the bay constantly which they are going to have to deal with if they want to keep it that way. The other interesting thing about this is no matter what the polluted water is, no matter what is in it, it turns it to this crystal clean pure water and even balances the pH perfectly to 7, no matter what the polluted water is, no matter what is in it, it turns it to this crystal clean pure water and even balances the pH perfectly to 7, no matter what it is, no matter what you started with. He has done it some many times now he doesn't even have to look. He sticks the paper and says, "Look, it is 7" without even thinking because it automatically does it. The consciousness knows exactly what to do in that system and how to convert it back into it.

Also Works on Land and Soil

It is not only in water, does the water work, but the water works on the earth also, and in the soil. They showed in the videos and in the actual [room (???)] they are talking about where you can take garbage, huge garbage dumps, that are constantly burning methane, they can't stop the burning cause it keeps burning... they can spray this water on the garbage dumps and instantaneously, everything is transformed. All of the hydrocarbons in there switch, turn over into fertilizer, and are organic in nature, they have no chemicals in it whatsoever even though they came from chemicals. All of the smell of the garbage dump is gone, instantaneously at the snap of a finger. It smells like roses. It smells clean again. The fires are immediately put out and can't start again. They showed on there that in these places were all of these toxic stuff were put and everything that within days, plants and vegetables start growing out of these toxic dumps. This is really real. It's no kidding, it's really real. It's hard to imagine that something can emerge under the earth like this, but it actually happens.

happens.

Also Many Other Side Effects

There are many many side effects that are super positive and most of these they won't let me talk to you about because the financial status quo will be rocked to the core. There are things that it does that water can't do, but it does, right before their eyes, time and time again. It has in impact on us, and will have an impact on us that, we can't quite imagine right now. Just to give you one of the side effects that they are going to let out, I'm only going to talk about one of them. It is about fires, forest fires, or oil fires, or any kind of fires, especially gasoline and oil which are almost impossible to put out. When the water comes into contact with these fires, it instantaneously puts them out, just like that. And you can't relight them. You can throw matches back on to them, on the gasoline, immediately, and it won't relight because it changes the gasoline into something else that can't burn. And so, for forest fires, if they spray it on burning forest fires, it instantly will put the fire out. And on living trees, which is super good for the tree, that tree will not be able to burn for hours afterwards. So, it puts the fire out immediately, instantly. This is one of the side effects of this new water, that we... I really wish I could tell you what is going to come after this (laughter).

Governments Are Doing Tests

So we're now, all of the... right now, Russia and 8 other major countries of the world, are now doing major research on this all over. They're, all over the world, secretly putting this in polluted lakes and rivers... that are just... pftt... going clean right before our eyes. It is just amazing. You can take a bay, like San Francisco bay, and in 4 days you will able to see 60 feet into the water, as though you were looking through water like this (Ed: Held up a glass of drinking water). And in two months, it will go all the way down even into the deep yucky sediment below and turn it into proteins and amino acids and be crystal clear and clean. In two months! And this is where we are at. This is really real. It's incredible!

The Water Will Be Allowed to Be Released

What is even greater is that the world's governments are going to allow this to happen! Right before I was speaking, I was talking to the United States Air Force, that could stop something like this very quickly for different reasons. They want it to happen! They want this to come out! And so, the various countries that we are talking to around the world. The United Nations is involved with this also. Nobody can believe it. They don't know what to say about it. It's a miracle, a planetary miracle happening

Nations is involved with this also. Nobody can believe it. They don't know what to say about it. It's a miracle, a planetary miracle nappening right before us, right now! Question: When? Drunvalo: It's happening. Right now, Turkey was so excited about this as a country that they built a 48 million-dollar installation to create this water. And they can now ship 100,000 tons of it a day anywhere in the world and they are preparing to do this. The countries now all over that we are talking to, and wants to be involved, they are looking at it, they are cautiously wanting it, but they don't know how to proceed because nobody can explain it (laughter). No chemist in the world can explain how this is doing this. You can't take oil and water and mix them together. Oil and water don't mix. But super-ionized water does. It mixes instantaneously. So, something new has emerged on the earth. And this is really important I feel because as you all know, I am deeply connected with the [Talsi (???)] Indians and the Hopi Indians and the Hopi prophecy. And the Hopi prophecy says that right before we move into the next level, to the fifth world from their point of view, the fourth dimension from our point of view, they talk about how the whole world comes clean and it is the seeing of this world going clean, in a very rapid period of time that inspires the world to let go of their pain and all that they have...

The Word Must Go Out

And so, after having said that, there are certain corporations in this world that are aware of this that don't want to see this happen. Mostly oil companies, and I can't tell you why (laughter) but we can't let this go from our memory. Do all of the research you can. The name of the company that is forming this is called Perfect Science out of Istanbul Turkey. The man's name is Ihan Doyuk. I... H... A... N... His last name is D... O... Y... U... K..., Doyuk. Question: Is he on the Internet? Durungely lab is not on the Internet.

Drunvalo: He is not on the Internet. He is just a humble, little beautiful person that has discovered something that he is giving to the world. He is not truly a scientist, he is Sufi! But he's now put on a suit, he's working with the governments of the world, and he's attempting to bring this out to the world. It will come out because, what you are really looking at is a very very high level of consciousness emerging from this water

The Sufis themselves, when they talk about it, they won't talk about it as "the water". He talks about it "he moves through the chemical ns", "he does this", and "he does that". He is referring to the nature of the consciousness in the water. This is the beginning of what I knew would take place. I am very honoured to be able to bring this to you. I really, really am. reactions'

The Baptism of the Planet

Do you know that baptism, in the Christian way of seeing baptism, you can only be baptized once, and it removes all sins. After that, you have to deal with each sin on your own (laughter). That is the fun part. We are about to see the same thing. Over the next twelve months, fourteen months or so, we are going to see the world go clean... and it is going to be like baptism of the whole world. And then, from then on end, our responsibility will be every time we do something, we will have to remember who we are, and where we came from, and what this is really all about, which is love. It is not about hate and anger and fear. And so... Question: Can you use it in the cars? Drunvalo: Can you use it in your cars? I can't answer that. (laughter) Probably most of the things you will ask me I will probably have to give the same answer. They have really restricted me because this thing is like a miracle. It does so m... Everything it comes in contact with, everything, it turns it around, and turns it into a positive situation, and creates something that is positive for the world. It is a consciousness alive in water. Ouestion: Can you buy it?

alive in water. Question: Can you buy it? Drunvalo: Can you buy it? It is not for sale yet. But some day perhaps. Right now this is a governmental level thing that is going on. It really is up to the world's governments whether or not they will let this out or not. We are working with Australia, we are going to do Australia and clean up Sydney harbour and all of this stuff. We are now renegotiating with that government how to do that. We are going to renegotiate with all of our contracts in the world that we... Instead of using waveforms we are going to directly in... To clean the bay, all we do is just spray the bay with this water and wait two months. That it is all over. Same thing with rivers and lakes and everything else. I wish I could tell you the rest (laughter), but I can't.

So, if there is any... I'll take about two or three more questions if you can yell them out. Question: What does it do to human bodies? Drunvalo: I can't tell you about that one (laughter). But that might be the most interesting one of all. Question: Does it apply to nuclear waste? Drunvalo: Yes it does

Question: Does it apply to nuclear waste? Drunvalo: Yes it does It appears to deal with almost everything. There are certain problems that they have not tested or are not sure of. The Turkish government is being very conservative in saying, "This should heal at least 70-80% of all the pollution problems in the world". They are being conservative on this. And so, what this is going to do is buy us time. Because, I can tell you this right now, the world banks, and the people who are in charge know, that if this water had not come along, if something like this had not come along, we only have less than 3 years left on this planet. All life would be gone. (Ed: I believe it is related to the oxygen levels of the planet going down to a point where life cannot be sustained) And they know this, and they are preparing for it. And now everything is changing. We do not know how much time we've bought, but we've bought a lot. And what it is really. God is present. Cod her always have here it is the state it is really.

And what it is really, God is present. God has always been here, he has never left us, he has always been with us, and we are the ones which have forgotten God. And God is now about to make himself or herself very obvious. (End of talk)

TRANSCRIBER'S NOTES

Request to the reader

Request to the reader After reading this, you can probably appreciate what a gift humanity is being given. As you can imagine, some people and companies have much to lose. If this message gets out to enough people, then perhaps governments will not try to suppress and delay this wonderful gift. Pass the message on to as many friends and interested parties as possible. One person cannot easily change the world but a whole bunch of us can! Do your part in helping to clean up the planet. v Drunvalo Melchezidek gave this talk on May 1st '99 at the Wesak '99 celebration help at Mount Shasta. Dr. Joshua David Stone organizes this annual conference (http://www.drjoshuadavidstone.com). v The next day, Drunvalo Melchezidek gave a second lecture on 5 other phenomenon that have been happening. Both lectures were such a message of hope for humanity that I felt the need to spread the word to all. A transcription of both talks are available at the Transformacomm Web site (http://www.transformacomm.com/) in both HTML and TXT (ASCII) formats. It also contains links to related web sites as well as the latest news about the water that I am aware of. For those at work, take note that some pages have music on them. v The actual tapes from these lectures are available through the company that recorded the entire conference, Rainstar Designs (http://www.rainstar.com/, email rainstar@jetlink.net). v Drunvalo is the author of the recently released The Ancient Secret of the Flower of Life and his personal web site is http://www.drunvalo.net/ and Spirit of Ma'at.

Spirit of Life, Perth, Western Australia. Web Site: > http://www.spirit-of-life.com.au

Check more articles from Drunvalo Melchizedek.

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THE STARLIGHT CENTRE: INTERVIEW WITH DRUNVALO MELCHIZEDEK

written by Drunvalo Melchizedek / Brigitte Gebauer < brigitte@kawartha.net> Posted Fri, 20-Feb-1998 23:12:35 GMT

Drunvalo Melchizedek is a well known lecturer, teacher, scientist and healer. His Flower of Life Workshops are known around the world for introducing people to a long forgotten way of breathing with a meditation called the Merkaba. His combination of science, eclectic thought & mysticism is provoking and stimulating for all those who see his work. But it is his big heart and genuine nature that are most memorable!

Brigitte: I think most people are becoming aware that these are very unusual times...can you explain what you think is going on? Drunvalo: Well, unusual times, yes certainly... but I think what we are experiencing is a consciousness change that is occurring on Earth. It's much more than just a physical change or anything of that nature; more than just earth changes or anything else. It is consciousness changing from one way of interpreting reality into another way of interpreting the same reality. That, in essence, is very simply what is going to

happen . Brigitte: Could you explain this shift a bit more...

Drunvalo: It is like we are going from one level of awareness to another...our perception will totally change from being a part of a polarity consciousness to understanding and being unity consciousness...we will be translating from 3rd dimensional reality to a 4th dimensional

Drunvalo: It is like we are going from one level of awareness to another...our perception will totally change from being a part of a polarity consciousness to understanding and being unity consciousness...we will be translating from 3rd dimensional reality to a 4th dimensional reality, or beyond. Brigitte: With these changes ahead of us, how is the understanding of the Merkaba important? Drunvalo: Basically, what we start out with are a number of interconnected energy fields that are geometric in nature and exist around every person's body. What we call the Merkaba is geometric energy - fields which have been activated by love and understanding. With the linking of the mind and heart in a special way these fields become alive. The Merkaba is the energy field that is used whon one comes here from another world; in other words, whether you're born here, or if you die and leave here, the same fields are used. In most of these cases the Merkaba is used unconsciously, but it can also be used consciously, while you're still alive, in many, many, different ways, which can be very useful during the times of ascension or great change. The Merkaba in itself though, is not really enough. It is one's love that makes the Merkaba one must also understand, and study, and live, what LOVE is. Brigitte: The Flower of Life is a Sacred Geometrical pattern that is found all over the world...how can we relate the FOL or other geometry to our own lives? Drunvalo: The Flower of Life is a pattern which contains all other levels of sacred geometry, I think without exception, they are all in there, and no matter how intricate a pattern you (ind, you'l) be able to trace it directly back to the FOL. So basically, it is a massive field or information. How you can use it in your own life...the FOL also relates to all manifestation and all creation...so if you look at whatever it is that you're doing, you can find that if you need information, you can use the FOL to under the found and hear the wore down on the set as ease the electrical circ the maximum

the maximum. Brigitte: The FOL is the name of your first workshop,...it is now being taught in over 29 countries in the world by trained facilitators. Why was it so important to have global exposure to the FOL training? Drunvalo: I don't know that it is ! I didn't start the FOL... the angels were never concerned about having global exposure, they only wanted a few people to live it and make it real so that the information would go into the Grid where eventually people would remember anyway, with or without the FOL program. However, as it worked out, the FOL videos were released to give the information to the world - if they wanted it on the 3D level - Then I found out that people couldn't understand the Merkaba meditation from looking at those videos, so we realized that there needed to be somebody in the room while they were watching those videos to teach the meditation and answer people's questions...So that's how the Facilitator programme started... and it's just been expanding ever since. My own energies have now shifted over into another level beyond just the Merkaba itself...I'm now finding ways to use the Merkaba to either heal or prepare us for what's coming. Brigitte: Can you tell me a little about your current advanced Workshop - Earth/Sky?

Drunvalo: The E/S Workshop is an offshoot of the Flower of Life in the sense that whoever comes to it needs to know the Merkaba, and breathing and lining the Merkaba for at least three months. The FOL just sort of left people with the basic tools of the Merkaba, the provide sentence of left people with the basic tools of the Merkaba, the prevention of the Merkaba for everyday living, including the healing of the Earth. In the Earth Sky we begin to explore the potential of the Merkaba, the prevention of the sentence of the Merkaba for everyday living, including the healing of the Earth. In the Earth Sky we bag to everyday living, including the healing of the Earth atken on such importance.?
Turvalo: We found now that there are ways we can connect with Mother Nature and that she can work through us for the purpose of healing the Earth and ourselves. I'm very attracted to this because I feel we've already made the preparations for ascension...I feel like verything is completed, like the grids are done, everything is ready to go. But we do have a farmic pattern here on Earth...we ve practically destroyed the entire planet through our particular level of consclousness (a polarity consolusness) and now we have the oppet of the messives for answers... and I some thing that we all have remarkable abilities within us yet I always see people according outside of themselves for answers... and leaver taught people that God was within them. Whenever people did each that, they usually got killed. because if it was true part is an offendor of the arcs and work the offendor of all and the grids and they are usually so fear-based they everyday wants to be in control, and it continues on had and on.... We have we usual to contenct to use the population and the shart happened too often in the part. It is important to get in touch with that part of ourselves that will be primary key. The easiest way to connect consclously with the Earth. But affer doing that and alter setting the pole to the potent the primary key. The e

potential within themselves? Drunvalo: That's a big problem. People say they believe in God all the time but they don't really understand it, because if they really did they wouldn't be here learning all of life's lessons. Although, I believe everybody does know this on some level...they just aren't conscious of it...because if you really believe in God, you know that God is in all things everywhere...and definitely is here now...and anyone who truly believes that...their life is forever changed. Brigitte: So all of us are here learning life's lessons...and we teach by living it to the best of our abilities? Drunvalo: Example is the best form of teaching there is, and it will very definitely affect life in a very positive way. Using words like we are doing right now only reaches a certain level of our consciousness, but when someone actually sees something alive, or sees something happening, then they believe and they can take it in fully, whereas words...they can help sometimes, but they are not ultimate teaching, ever. The only thing we can do is love.... coming back to love and knowing and understanding and remembering that God is within us, without, and around us around us.

Brigitte Gebauer has been facilitating Flower of Life Workshops since the programme's inception in 1993. A diverse background in alternative healing, literature and mystical studies form the basis of her interest in this work. Brigitte also sponsors interesting speakers and workshop leaders both in Toronto and at The Starlight Centre, a retreat centre in the Kawarthas that she runs with her mother, Christa. To learn (416) 285-6475 or at The Starlight Centre at (705) 793-1431 or by email at brigitte@kawartha.net

> Direct replies or comments please send to Drunvalo Melchizedek / Brigitte Gebauer <brigitte@kawartha.net>.

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DRUNVALO MELCHIZEDEK AT PROPHETS CONFERENCE 1997

written by **Drunvalo Melchizedek** Posted Sat, 7-Feb-1998 23:57:51 GMT

The following is a comment from Drunvalo about the rumoured prediction of a "pole shift" in Feb. 29, 1998:

Subject: My Workshop at the Prophets Conference, 10/1997. From: Drunvalo Melchizedek Date: 12/18/1997

Re: Workshop for the "The Prophets Conference" in Phoenix Oct 10-11-12, 1997

There have been many requests to hear clearly what I said at the "Prophets Conference" that was held in Phoenix, Arizona on Oct 10-11-12, 1997. Though I can not give you exactly what I said at the conference, I can give you my notes written three days before. I write these before each public meeting, but do not actually use them when I am speaking. Often peoples' questions lead into other subjects, but still, this is the message that I was bringing to the conference. To be very clear, I am not saying that there will be a pole shift on Feb 26, 1998 as some seemed to hear. Please read on and you will understand

Love is the Answer for Every Question

Notes For The "Prophet's Conference"

By Drunvalo Melchizedek

For me, this means that as we begin to seek to understand our existence in Nature and our purpose in Life, or as we move from one level of consciousness to another, Love always knows the answer to every question of the mind. If Love stays in our consciousness, we will not get lost. We will stay conscious, and not fall asleep when change begins to accelerate around us. We will know and feel the presence of Great Spirit/Nature with each breath. The Unity of Life will become obvious. We will trust Life. We will love Life. And our Purpose will become clear.

We are gathered here to proceed to the next level of Life consciously. Does that feel right to you? It is my belief that the world is ready. All the consciousness grids around the world are complete. Everything has been adjusted and tuned to a very high degree from a human point of view. Mother Earth is awake and conscious, and She knows exactly what we are thinking and feeling. She knows our deepest heart's desire. And I believe that Mother loves us beyond our knowing. I believe She will come to our aid to help us to understand who we truly are. And it will be us, as children, through living our own lives, that will bring this world back into the Light.

This is the time we have been all preparing for the last 13,000 years - 1998 to 2012 - a fifteen year period. If everything all the prophets have said about that period of time come true, we are about to be truly changed into a new kind of human. Even science agrees that it does appear to be true; the children with the four extra codons turned on in their DNA are the buds of a new human race.

So what is it about 1998 to 2012? All the prophets of the past have pointed to this time. The Indigenous People of the World, The Native Americans (The Hopi & the Taos Pueblo), The Hopi - The White Brother/Sister, The Zulu Tribe in Africa believes in the coming change. The Mayan believes by the prophecy of their elders and the "Sixth Sun". The Seventh Sun is coming. The Japanese with the prophecies of "Amaterasu" returning to earth at this time. Nostradamus and his predictions. Edgar Casey and his prophecies - probably he is the most detailed and descriptive in his prophecies. He said there would be a new earth pole in the winter of 1998. Even the United Nations believes that within that period of time the earth will double it's population, and most of the earth will die - a change that the UN is trying to stop. The message of the Flower of Life is that the "change" will happen during the next 15 years. We are ready now, but Life will decide when we will move.

We are about to have a special Solar Eclipse. The Solar Eclipse of Feb 26, 1998. This eclipse will usher in this period of change we have been waiting for. The daytime sky will turn black and the stars and five planets will be visible with the naked eye WITHIN the UMBRA (the shadow of the moon). We will have entered the "Time of Change". One of the best places to experience this eclipse is in the Caribbean. The umbra will enter the Caribbean just after 2 PM local time on Feb 26th, 1998.

The Solar Eclipse of Aug 11, 1999 will be the last this century. At that moment we will enter the "End of Time" until Dec 24, 2012.

So now that the "Time of Great Change" is here, what do we do?

Prepare physically? Physically means finding a place that feels safe and storing food and necessary equipment for up to a two year period. This may or may not be right for you. Understand the situation.

First of all, this period of time you would be preparing for is before the change, not after. The idea that we are to prepare and wait, and then after to come out of the shelter and resume life after the change is misleading.

Once the change has happened, the next world will not be visible to the old one. We will ascend into a new world on a different wave length where any physical preparation made on earth will be useless there. Just as in death, you cannot bring it with you.

So the reason for physical preparation is to give one a safe place to make the transition without violence and struggle - A calm place and time to meditate during the outer changes going on. If, however, you do not feel it is necessary. That is all right also. Spirit is forever. No matter what happens, you will survive.

What is truly important here is your state of consciousness during this transition. Your consciousness can overcome any of the physical problems. See and Live the Unity of Life. If you know there is only one God and that all life is intimately connected together, and if you see this unity everywhere, and finally if you live this unity in your everyday life, Mother Earth will protect you and carefully lead you into the next world. This is the great secret of Life and the protection that Mother Nature will provide.

How is this achieved? By dropping the old consciousness of Good and Evil, which we must do in order to enter the new higher consciousness. The old consciousness sees itself as being inside a body and everything and everyone else as outside of itself. This way of seeing is an illusion. The Hindus call it "Maya".

Hermes of Ancient Greece once said, "As above, so below". This quote has become famous, and is just now being proven by science. The macrocosm and the microcosm reflect each other. In the same way, another quote is important. "As within, so without". The inside and the outside are connected.

It is here, where the important work will be lived. To realize that what happens on the inside reflects to the outside - and the other way around. This relationship is affected by our feelings. Fear creates a contracted state of being. Love creates an expanded state of being. When we are in fear and contracted, the outer world controls our inner world. When we are in love and expanded, the inner world controls our outer world. What happens when you lose your job? You go into fear and contraction, and it feels like the whole world is crashing in on you. The more you are in fear, the more difficult it is to find a job. However, when you are in love and expanded, everything seems to naturally go right. People want you to work for them, because they want to be around you. There is a relationship.

So the key to interdimensional survival is to remain positive and in love with life even when the outer world may seem hopeless. Know the perfection of Nature. At the same time and equally important, know and see that Great Spirit/Nature is alive and conscious of you. Develop communication within yourself with God. An example of indigenous understanding of this is that of the Kahunas in Hawaii: Their belief in nature as alive and conscious.

The final key is to bring this "connection" with Nature into yourself. Let your inner child self emerge and "play" with Life. Marah Baba said it perfectly, "Be happy, don't worry." Bashar said it in another way, "Be happy for no reason."

It is your childlike joy that will lead you home.

Do you REMEMBER?

In Love and Service - Drunvalo

For more infos look at Flower of Life.

WAVING AWAY POLLUTION

written by Drunvalo Melchizedek / Scott Parshall Posted Sat, 18-Oct-1997 22:06:21 GMT

SOLUTIONS FROM DRUNVALO MELCHIZEDEK and the Flower of Life

Interview by Scott Parshall

Reprinted by permission from The New Times

Drunvalo Melchizedek's reputation precedes him. I heard his name for the first time a few months ago, and it continued to appear through people I know he teaches. His teachings have been videotaped as a series, and word is getting around about Drunvalo, just as he has gotten the word out about the Flower of Life. A design composed of nineteen intertwined circles surrounded by two, the Flower of Life has been uncovered in all parts of the world. This is not surprising, as Drunvalo shares that from this one symbol all sacred geometry, without exception, can be derived. "It doesn't matter if it's the laws of physics, the laws of music, or the laws of biology; they're all there, and from there all knowledge of the universe can be deciphered."

That is no small claim, yet what intrigued me the most before meeting the man was also the thing about which I had heard the least: some sort of anti-pollution technology. I knew Drunvalo taught people about the MerKaBa. Appearing similar to a sphere with a disk running through it, the MerKaBa is a geometrical field around the human body. When activated through a breathing process Drunvalo teaches, the MerKaBa reaches out 55 feet from the body. The first friend that mentioned Mr. Melchizedek's name to me had his own enlightening experiences with the MerKaBa, but all I could think about was drinkable water. After all, what the world needs today is a clean place to be. It was a pollution reversal, I had heard.

Scott: I have read just bits and pieces about your anti-pollution efforts. Exactly what is it that you're doing?

Drunvalo: The technology is extremely simple; it's not complex. There are only three components to one of these little machines. One is a coil that's based on Tesla technology which we have improved upon so much that the coil doesn't even need electricity. There is another coil, based on the geometries of the human MerKaBa. In between those two coils there's a little transducer, which is a computer chip generating a sound. It's just music; that's all it is: music is how we're cleaning the cities up.

Let me describe how we got to the sound we're using, then it will make more sense. Every molecule is vibrating and puts out microwaves, a very weak field. We've created a very sensitive machine to pick this up and we've been able to get the microwave emissions off a rain cloud. We've converted those wave signatures into something that you can hear, into sound. That's all we've done. So in essence all you're doing is hearing the sound of a rain cloud. We put that through the longer coil that perfects the sound. In other words, the imperfections inherent in the machine are turned back into the original sound by this coil. Then the other coil acts as an antenna to distribute the sound through space. All this little machine is running on is one hundred milliamps, which is one watt. Once you've turned one of the machines on, a tube that looks like a donut forms around the machine. Within 72 hours, that field will expand to about 35 miles. What the field does is convert the hydrocarbons into oxygen and water vapour. It really works. The right waveform acts as a catalyst and breaks down the molecules into other molecules, and you just need to know what that waveform is. When you do you break things down that are noxious and toxic, turning them into things that are positive and helpful to life.

When the machines are set up you can actually see this take place. I've seen this many times: you go into a valley where there's pollution and you can see a big deep cloud. Then when the machine is tuned right at the moment when you get to tuning - the valley goes clear instantaneously! It doesn't happen if you're turning the machine on for the first time. It take three days for it to grow out.

Also, we're learning that this field is alive. It appears to be at least as conscious as a tree. It's aware of the persons that are doing the tuning and it responds to them as they come into the room. These fields are generated naturally in certain areas, creating the ecosystems that are there. Every time we analyze the deserts, they have reversed fields. You could probably reverse the field back again and the whole area would go green. We're suspecting that very strongly right now, but we don't know that for sure.

One of our researchers took a machine into the Cape Cod area, which is very, very dirty - especially the water - and some of the things it's doing we don't really understand, but it cleaned out the air pollution. It also cleaned the water. Cape Cod Bay, which was really slimy and dirty, is now crystal clear. Over one hundred new life forms have come into that bay since, including dolphins and whales, which they've never seen there.

Scott: It sounds completely full of promise.

Drunvalo: It does; it's very exciting. It also drops the crime rate. We can lay maps out, without ever looking at the city, and we can tell with good accuracy where all the crime areas are in town. We look at the stress lines moving through the city, called the geopath lines, and determine the direction in which they are moving. We do this because the machines have to be placed on the geopath lines. Wherever three geopath lines cross and make a triangle - depending on the size of that triangle - the people living in that area are going to be subjected to very high stress levels, and that's where high crime rates are.

Scott: Does this technology have a name?

Drunvalo: We haven't gotten around to those ways of thinking about things yet. The units are called R2 active and R2 passive.

Scott: You make it sound as if the environment could be cleaned at a moment's notice, when we choose to make it so. I'm glad to hear that.

Drunvalo: I believe we will be able to bring the earth back to the way it was a long time ago. One of my teachers is a Hopi tribe out of Arizona. Part of their prophecy is that right before the time of purification, which is when they go from the fourth to the fifth world, the entire would is cleaned of all pollution. The water, the land, everything. Because I believe in them so much and because I'm seeing what I'm seeing here, I believe that will happen.

There are people in Germany studying waveform and ecosystem interaction. They plated a piece of metal and threw it into a very dirty lake. In less than a few months it went crystal clear. They're using the waveform of oxygen. Dr. Valerie Hunt reported that. We found another person that is putting waveform into water, and we're just about to study that work. In California they rate their lakes like a report card, from A to F. This person went to a D-minus lake and poured in five gallons of this water that had been treated with a special waveform. We don't know what waveform that is yet, but in three months it went from a D-minus to an A. Then they had a big rain that washed all the toxins from the

surrounding area into the lake. They thought it was going to kill the lake again. It did go back to a D-minuis when all that stuff washed in, but within seventy-two hours it was an A-plus, the highest rating possible given by the state of California. So there are very promising works that are being done in the world, and I'm really excited. And, it's a lot of fun.

Scott: Do you think that there will be a parallel change in human consciousness, prior to the possibility that the earth would be pristine?

Drunvalo: Well, you're going into belief patterns now; but yes, I do. To anyone who's watching what's going on, it's obvious that we are going through a huge consciousness change. There are all kinds of ways to look at it, but definitely what's happening now is extraordinary. I think we're just beginning. I do believe that we are going to go into a state of oneness, a very high level of consciousness. That's something that the Hopis also say we will do: right at the time that the world goes clear, it becomes united as one being. I believe that will happen, pretty soon. All of the prophecies range between the winter of 1998 to the year 2012.

Scott: I've always chosen to believe that this change can come about in a peaceful manner, if we choose.

Drunvalo: I do too. The prophecies of Edgar Cayce predicted great violence, but that prediction was made from the consciousness level of that time. We have been changing. If we continue to change in the way we're going, I'm very hopeful. It's like a dream: If we can come together in our hearts and begin to see something happening that is positive, that is what is going to occur. What I'm seeing all around the world is big changes taking place that point to our being able to cooperate, at least on a spiritual level; to dream a dream of a new world that is beautiful and not violent and weird.

Scott: Do you believe in angels?

Drunvalo: I believe that there are angels, and so does 65 percent of America, according to Time magazine. I believe that they are, but I believe that we as humans exist on many other levels that we're not aware of - that we have parallel lives, you might say. Every one of us is connected through the angelic realms. We all have at least two, and sometimes thousands, of angels that are connected to us. There are always two angels that are us; we are them. When my angels first appeared to me, those were the first words they said: "We are you." I didn't know what they meant at that time, and it took me about ten years to figure it out. We all have that connection, although not everyone is aware of it.

In the angelic realms, it's a near-formless state. The angels don't really have the shape of a human being with wings, though they can. They can take on any shape they want. If it's easier for you to see an angel with wings, then that's what they'll use. My wife saw my angels before I did. She saw two tall beings - about twelve feet high - with big wings. One was purple; one was green. When I first saw them, I saw two spheres of light come into the room. One was purple; one was green. They were about 18 inches across, and very bright. So I felt kind of funny for the first year because my wife was seeing angels, and I could only see these spheres. I finally did see them as my wife did, but they told me that in truth the sphere was the closest thing to them in the world of form.

Scott: Do you have a relationship with them now?

Drunvalo: Yes. It's never gone away, not even for a minute. They've been there all along, and I really don't think I could have done this work without their help.

Scott: Would you call that state we're evolving toward Christ consciousness?

Drunvalo: I believe that the Christians in the world, from where they see what Jesus has done here - which I deeply respect - would call this Christ consciousness. Other people who are not in that alignment may just call it unity consciousness. Call it whatever name you want, but it will be a state of unity where you will know that when you are looking into the eyes of another person, God is there. God is present everywhere: all around you as well as within you.

I do believe, from all that the angels are telling me, that the situation on the earth is extraordinary. Since the beginning of time they have never seen a scenario happening like the one that's happening here on the planet today. They believe that all of life is going to be affected by what happens here on earth. It's primarily tied to the fact that we are evolving differently than anyone has ever seen before. That difference is centred around the speed at which we're doing it. We're moving very fast, but we don't know that because we're inside the system. We don't have anything to compare it to. Relative to the rest of the universe, no one has ever seen a race make the kinds of changes we're making, at this rate. That's what they're telling me, anyway.

Scott: Is it your understanding that at a certain point in our evolution we will rise above the law of karma? Maybe not rise above it, but move through it?

Drunvalo: Cause and effect is always here. Karma, meaning seeking for balance of actions that one has taken, can be transmuted at a certain point. We are definitely under the law of karma where we are now. Most people aren't even aware that their thoughts and feelings are creating their realities. Eventually there will come a time when our individual karmic pattern can be transmuted for the higher good of the universe. The things that we have done, mistakes that we have made, can be let go of, but we need to be in a particular state of consciousness in order to do that. As long as we're where we are right now, karmic patterns keep us locked into the way we are - for most people. There always are exceptions, because life is organic and not everybody is playing with the same deck. Some people have been here forever and are tied to these patterns, and millions more are coming from very high dimensions, choosing to work in these lower realms because of the extraordinary conditions that are here right now.

I don't see [karma] as something that's going to hinder growth of spirit, although it does now. It really controls very deeply the way we go and don't go, but I don't think it will forever.

Scott: I think it does now because we're semi-conscious.

Drunvalo: Real unconscious. We're playing a game that we don't even know we're playing.

Scott: Is there anything you would like to say to our readers that you haven't said yet?

Drunvalo: The most important thing I know to say, which is very simple yet nobody ever hears, is that the greatest changes in consciousness are not when you're going to Tibet or the great pyramids or Machu Picchu. They happen in everyday life, in ordinary situations. They happen from moment to moment, especially in the family and in those that are close to you. Relationships that are everyday hold potential for great change in a person. So, instead of thinking that people need to do something in order to accelerate, if they could only see the sacredness of what is right before them they would understand that the portal back home to God and to a sacred life is there at every moment.

Scott: Right where they are.

Drunvalo: Right where you are, right now. You go down to buy groceries and you're talking to the clerk. At that very moment, if that act is done with pure love, it will transform them, and you, and everyone around. So instead of looking and thinking that something has to be special or extraordinary for the change to happen just realize that it's present at every single moment.

This article first appeared in the September 1997 issue of The New Times, published in Seattle, WA. Reprinted with permission.

For more information about the pollution clearing project or the tools used: Earth Transitions Web-Site.

For FOL info, visit FOL Website.

Check more articles from Drunvalo Melchizedek / Scott Parshall

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DRUNVALO MELCHIZEDEK: 4TH DIMENSION IS UPON US

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written by **Drunvalo Melchizedek** Posted Tue, 23-Jul-1996 22:00:00 GMT

Leading Edge Newspaper - Nov/Dec 1996 - 4th Dimension Is Upon Us! - Explorer In Consciousness Drunvalo Melchizedek - Interviewed By Publishers Diana and Kenneth Burke

Drunvalo is a big-hearted, gentle man who "walked into" his adult physical body in 1972 and who retains full memory through different lifetimes and varying dimensions of consciousness. He is an accomplished scientist, physicist, inventor, healer and teacher. His main purpose in coming to our 3-D world at this time is to help Earth's people to make a smooth transition through the upcoming Shift of the Ages. He feels the most important work "is to remind us about our MerKaBa, the powerful etheric fields that exist around each of our bodies, which have been in a dormant state since the fall of Atlantis," which occurred approximately 13,000 years ago. Drunvalo and his facilitators teach the acceleration of perfect health, well-being and spiritual transformation through the activation of the MerKaBa, resulting in deeper contact with the Higher Self and giving "unparalleled protection" as Earth goes through its changes, as well as strengthening all aspects of one's life. The MerKaBa is activated through an ancient way of breathing and meditation originally taught in the Egyptian Mystery School. Drunvalo's long-awaited first book, "The Flower of Life," is soon to be released in Spring of 1997. For information about Drunvalo's Flower of Life workshop or to view his information-filled video series, readers may contact Christan Hummel at: (619) 726-1027 or email at chbaba@aol.com

LE: Do you feel that our society is going to crumble fast ... or can the coming 4th dimensional shift be smooth?

Drunvalo: I feel everything is a dream. It's all light. And it is what we think it is, whether we're conscious of it or unconscious of it. If we come together in our hearts enough, we can change that dream and lessen the violence and pain that could happen during the transition. If we were completely together as a planet in love, this transition would be one of great beauty. It would be the most beautiful thing one could ever imagine.

We're about to implement a cleansing program for the world ... if the secret government will allow us, and they're saying they will.

LE: They are? Are you in communication with them?

Drunvalo: They're doing pretty good, but they're going through a lot of changes.

LE: Tell us about your cleansing program.

Drunvalo: Well, the program is remarkable. We have figured out how to erase all the pollution off the planet...to heal the planet back to the way it was 1,000 years ago, and we can do it in less than a year.

LE: That's fantastic!

Drunvalo: Hopefully, people, when they watch their planet go back into cleanliness, will respond by not wishing to continue doing what they've been doing to recreate it all over again. We can keep it clean. We have learned how. In a little while I'll discuss this more.

LE: Okay. Can you share some details about the upcoming 4th dimensional shift we're headed for?

Drunvalo: What's happening now is souls are moving all around the universe into the geographical area most attuned to where they're at vibrationally. So, when they make the transition it will be more comfortable for them, and it will be more understandable.

LE: When the shift happens, will there still be a third-dimensional world for those people who still want to live in 3-D? What is your perception of this?

Drunvalo: My angels (Drunvalo's Higher Self) are saying that this planet, if it continues the way it's going, if it doesn't change, is not going to be habitable. There's something happening in the third dimension that's forcing light to move up (in dimension). The Earth has many dimensional levels. There are many worlds here. There is not just one.

LE: So, you're perceiving that when the shift happens the third dimension, as we know it, will be no more.

Drunvalo: Well, it really doesn't make a lot of difference if it is or isn't. What's going to happen is that consciousness is going to be forced into moving into higher levels. Who is doing this? It's God. God is forcing us to make a change for whatever the reason. The shift is coming from outside the (solar) system, and that's God, from our point of view.

LE: Will everybody wind up in the same place in the fourth dimension initially?

Drunvalo: You may end up in different overtones of the fourth dimension, but only for a while. Eventually, everybody will move into the twelfth overtone, and from there we will make another huge leap of consciousness. From that point, according to the Ascended Masters, we will move very fast, and we'll never be the same again.

LE: Past the fifth dimension?

Drunvalo: We'll move into the fifth, which is formlessness. There is no form in the fifth dimension. Although the fourth has form, it's almost nonexistent there also.

LE: Do you have any time frame when this will occur?

Drunvalo: Anybody who really wants to know can go inside themselves and find out. I don't think it's a good idea to give a time frame...although I believe it's coming very soon. It's dangerous to give a time, especially for some people. It would be similar to telling someone the exact day they were going to die. Your whole life from them on would not be lived the same way. So, if you know the day you're going to make the dimensional transition it puts your mind into the future rather than the here and now, which is the only place you can change. So, I don't like to give predictions of when things will happen.

LE: How can a couple...a man and wife or friends...stay together during these dimensional transitions?

Drunvalo: Remember that your partner has within him/her, literally, Christ consciousness. Look into the other person's eyes and look past the personality until you find that special place in the person...where you see the Christ consciousness. If you both see the Christ consciousness in each other, then that bond is so strong that it overcomes everything. I think it is one of the most powerful things that there is. You're not looking at the other person as only a human, but you're understanding and seeing their divine side.

That was done in Lemuria. They got to the place in their meditations where they saw the Christ within each other. When they made love and had a baby, they saw that the baby was God. In the actual...really doing that...really making it alive, they became immortal. That form of Tantra leads to immortality. You don't have to have a baby. It's only knowing that God lives with the other person...that God actually lives in everyone. Live that belief and you can go through anything.

I'd like to continue something I started talking about earlier.

LE: Please do.

Drunvalo: My angels asked me to look at what was going on in Sirius B. That's where the dolphin and whale planet exists. The dolphins and the whales were into external technology until recently. That's documented by what happened with the Dogon tribe, where they came from space and landed in spaceships and where they created water and got into it. If you are unaware of this, read Robert Temple's book, "The Sirius Mystery.

LE: Okay.

Drunvalo: It is written in a cave in Africa that the dolphins and whales had spaceships until at least 700 years ago. My angels told me that about 200 years ago the dolphins and whales began a process where they were letting go of external technology, and they managed to completely get themselves out of it and internalize everything. So, they don't need anything any more. Everything is completely internalized. On their planet, around Sirius B, there are humanoid types who are still connected to technology like we are. And they have created a right-brain psychotronic technology. It has no moving parts. It looks like sculpture, they can do anything with it. It's a technology that, once it's used, it transforms the user so that the user realizes they can do whatever they just learned within themselves. Very rapidly the humanoids are becoming Cetacean. The technology itself is actually getting them out of technology.

LE: That's wonderful!

Drunvalo: As I started to talk about earlier, we are about to implement something like this here on Earth. We've gotten permission now, and we did a lot to make certain that we have permission from every level (of spirit). I'm referring to our beginning to clean up the planet. We have a simple technology. It runs on only 20 milliwatts of power, which is almost nothing. It needs only a tiny 12-volt battery, but with this little device we recently finished cleaning up the entire city of Denver. Denver was the most polluted city in the United States. It's now one of the cleanest. You can go there and see a bug on the horizon...it's so clean!

Two years ago a group of scientists from a corporation called Key Research, Inc. set up a tiny machine that created a tube-torus 35 miles in diameter. All they did was play the wave-form of a rain cloud into the air. What is does is it cleans out all the pollutants in the sky. It brings rain. It raises the water table. It also dropped the crime rate by 31%. It's very complex and I can't get into all of it now. there's much more to it. It has to do with the geopathic lines that run through Denver. There are six of them. They had to be mapped.

LE: Are your plans to send people to different cities with this technology?

Drunvalo: We're going to train people to do this and clean up different areas. We're talking with Egypt about cleaning up Giza and Cairo, both of which are very dirty. We believe that, if it as implemented in the right area, almost overnight (it actually takes less than 90 days to do the major part of it), all the skies of the world would be clean. Then, we can go to the oceans and clean all the oceans. Next, we can go into the ozone and heal the ozone. Then we can go into the Earth and actually transmute the poison toxins and the uranium and everything into helpful Earthly elements and restore the Earth to the way it was before. We know how to do this.

LE: Did your angels give you the information to build this device?

Drunvalo: No. This was one of the people I used to work with who built it. He took the information of sacred geometry and put it into little tiny coils.

LE: We understand that you have spent quite a bit of time in the fourth dimension. Can you please describe this more?

Drunvalo: It isn't anything at all like the third dimension. Every dimensional level is completely different. Every time we take a step it's different

LE: Different...like water and land?

Drunvalo: It's even more different than that. Everything...the whole way that spirit relates is different. In 4-D you do have bodies, but you can fly. You don't need food. There are many differences. The colours are completely different. The way that you interact is not as an individual but as a unit, like a cell within a body. So, everything that you're doing is being done in synchronicity with other life. Although, some of the lower realms of the fourth dimension are not healthy. They are rather distorted, like this one is, where you've got a lot of weird thoughtforms. But the higher realms are very evolved. The seventh, eighth and ninth overtones are where your angelic realms are. The tenth, eleventh and twelfth, right next to them, is where the higher levels of human consciousness are. Other levels of consciousness move through there also, not just humans. *(Check out Astral Planes)*

LE: You've stated before that we can change our body forms in 4-D. Sounds like we won't get bored.

Drunvalo: It's a thousand times more interesting than here. Every breath is like an eternity; it's so special. We have lost our connection to God here and we don't remember what it's like to have God in and around us, moving through us, and to be intimately connected with God, so that, whatever you're thinking and whatever you're feeling is directly created. You could go into the fourth dimension and actually recreate the third dimension. That is a child-like thing from their (the beings in 4-D) point of view. We are considered babies there. So, as a baby we will create a more-or-less third-dimensional world, but it won't last long because you quickly realize that whatever you're thinking starts happening, and the whole idea that we are separate becomes meaningless very quickly.

LE: What is our next step in evolution?

Drunvalo: I can't really say except that we will move into formlessness. We won't have bodies, and we won't have too much of a localized expression. We will be much more expanded, but the understanding of "expanded" will keep growing. Every time we go into another dimension, the understanding gets higher and higher. It keeps growing.

LE: Once we get into 4-D, how long will it take of Earth time before we get to the twelfth overtone and take off beyond that? Can you estimate this?

Drunvalo: It's all potential. It's all light. It's a thought in the mind of God. What happens will be that our memory of our previous Earth 3-D will be like it happened a long time ago. You could go into the fourth dimension for hundreds of thousands of years and come back to Earth and only a few seconds have gone by,. It's very different in 4-D. We are now slowly beginning to interface with the fourth dimension. A lot of people think we're already there. We're not. But 4-D's effects are beginning to effect time. Time is speeding up. Things are beginning to go really fast.

LE: In your perception, is this dimensional movement beyond our solar system, the galaxy or does it include the whole universe?

Drunvalo: We now believe it affects all life everywhere.

LE: There's a concern right now by a lot of people about our economy. Can you comment on this in the context of what we're discussing?

Drunvalo: We're heading into a time when everything can fall apart. This could happen. The Mormons are told to prepare for what could be as long as two years without going to a store. I think that if things start crashing that we're going to have very little time left before the transition. It could be only a few months. And it may be that we'll get through this (transition) without any warning at all. We're (Drunvalo's group) doing things right now to help make the transition even easier. The longer we can stay in 3-D on Earth right now, the better it will be; it gives us more time to make things easier. So far the secret government is not stopping us.

LE: Can you talk about that? How aware is the secret government of your activities?

Drunvalo: They are absolutely aware. Some of them are assisting us in any way they can. However, the biggest problem now is the military. There are certain people in the military who are out of control. They're in so much fear. What's happening is that this understanding (of the upcoming dimensional shift) now has filtered down into lower levels of government. For a long time it was only held in the secret government, and the privileged governmental heads were allowed to know. Now, many of the governmental heads know.

LE: So, some of the secret government people are working in harmony and cooperation with you instead of against you?

Drunvalo: Well, it's complex. In 1985 or 1986 the secret government realized there was no sense in going back to Mars (editor's note: see book, "Alternative Three" for information pertaining to Earth bases built on the moon and Mars by the secret government some years ago). They allowed the Berlin Wall to fall and then Russia, and they allowed information to begin to come out at a lot of levels because they began to understand that everything was all One. They didn't like this realization. It wasn't their nature, and they had done everything they could all of their lives to stop it, and now they realized they were part of something they never wanted to be a part of...which is what happened in Atlantis when they were there. They didn't want to be a part of the feminine pathway. So, a portion of them broke off and really tested the system.

(In September of 1995) they were going to blow up eight atomic bombs at Mururoa Atoll in the South Pacific. (Editor's research: AP news article dated 9/5/95 from Papeete, Tahiti, stated: "The blast took place at 12:30 p.m. - 5:30 a.m. EDT - in a tunnel bored 1800 feet below Mururoa...The blast equally less than 20,000 tons of TNT...the atomic bomb that destroyed Hiroshima was equal to about 15,000 tons of TNT...Chirac announced the planned tests in June, saying they were necessary so that France could create computer simulations that would make further tests unnecessary. These programs are indispensable so that we can be in a position to guarantee the viability and the certainty of our nuclear arms in the long term,' said a statement by the Defence Ministry.") Were you aware of this?

LE: No.

Drunvalo: They blew up six of them. It was through the French, but it wasn't the French doing it. There were several governments involved. The secret government wanted to blow up the axis of the Christ consciousness grid, which passes right through the centre of the Earth. At the same time -- the day before the bomb blew up and the day after -- all traffic was blocked into the Great Pyramid. They were setting their instruments there at the Solar Cross in Egypt to see what damage they had done. They wanted to see how strong the consciousness of the Earth's people was. On the fifth bomb, actually, the Earth began to awaken. She had been unconscious and asleep. On the sixth bomb, in January of this year, the Earth awoke. She is now conscious. Now that she is awake, although she hasn't yet, she will begin to make changes that no one can stop.

LE: Did they damage the Christ grid?

Drunvalo: No. On the sixth bomb they had their intelligence people inside the pyramids watching to see what would happen. At that moment a man appeared out of nowhere in the middle of them. He was one of the Ascended Masters. He didn't say a word. He opened up an etheric book and let them read from it. After that they changed their minds and have cancelled the other two bombings, although this has never been announced to the world. But, they still have one thing going on, and that is HAARP (Editor: Little known, Pentagon-sponsored radio-

physics project, called the High-Frequency Active Auroral Research Program, or HAARP, designed, according to "Popular Science" magazine, "to transform areas of the upper atmosphere into the equivalent of huge lenses, mirrors and antennas.")

LE: Yes. In Alaska. Is it as bad as is reported in "Popular Science" magazine?

Drunvalo: It's worse. It's a weapon thousands of times stronger than an atomic bomb. It makes the atomic bomb look like a firecracker. They can go into a country, like England, and destroy the entire country in a matter of seconds, once it is perfected.

LE: They produce different types of radio waves.

Drunvalo: Through the HAARP antennas they can transmit billions of watts of energy into the atmosphere. They actually boil the ionosphere and turn it into an antenna, like a mirror, from where they can reflect down. They send up ELF waves but it comes down in long waves, and they can send huge amounts of energy wherever they want. They can do huge destruction. They can change weather patterns, and can control human moods, mental thoughts and feelings through this. And this is going on-line in the spring of 1997. The first atomic bomb was blown up (and they never talked about this at the time) without knowing if the whole would blow up when the bomb was detonated. And they spring of 1997b when HAARP goes full tilt nobody knows what's going to happen! They could actually destroy the whole ionosphere! they don't know, but they're willing to take the chance.

LE: You're saying that some of the levels of the secret government want you to be successful, not the groups that have broken away from the main group.

Drunvalo: Yes, they realize that we're the only ones (that they know of) who hold an answer for them that they can see, and they want us to be successful. It's the higher levels of the military who are scared to death. The reason they are afraid is that they are there with their time machines standing at the edge of the Great Void. They can go into the past and the future through the understandings of the Montauk experiments and through their remote viewing (two different systems). And now, as they're looking into the Great Void they're being told they have to go in there. This is very real for them. They have located the Great Void and have sent people in there and they have never come back out. They're scared to death.

LE: They know that, somehow, you've got the answers to the Great Void?

Drunvalo: Yes. Some of the higher levels of the secret government know. It's the lower levels we're having problems with right now. So, if it's necessary, we will walk into their machines and go into the Great Void (editor's note; protected by a MerKaBa) and come out, so they can see that it's okay...that life just doesn't disappear, and so they can have hope because we want everybody to be unharmed by this, even the military. We'll prove to them that it's okay. Whatever it takes.

LE: Do groups work together with their MerKaBas?

Drunvalo: Yes. If you know the advanced work, two or more people can link their (energy) fields. A tri-phase MerKaBa, which is what we call it, is not a little thing. It is 1.6 million miles across. It entirely encloses the planet. If their love is great enough two people in a tri-phase MerKaBa could completely change the world. It depends on how much you can accept and how much they believe God is present!

For information about the pollution cleansing coils, or about attending a Flower of Life--Merkaba workshop, contact: Christan Hummel at EarthTransitions.Com.

Drunvalo is giving a second level, three-day workshop called "Earth-Sky" in England in March, and in Holland in April. The prerequisite for the workshop is taking the Flower of Life training. Drunvalo will discuss advanced uses of the Merkaba, and how to link directly with the Merkaba of the Planet. For more information contact Sally Young in England at: syoung2277@aol.com.

Check more articles from Drunvalo Melchizedek

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MERKABA MEDITATION ACCORDING DRUNVALO MELCHIZEDEK

written by **Drunvalo Melchizedek** Posted Mon, 26-Dec-1994 00:40:00 GMT

The Teaching On Spherical Breathing Like the sun, we must breath, radiating out to all life. And from all life we will receive our manna.

Begin by creating a place in your home that is used only for this meditation. Make a space where no one will walk through or disturb you, possibly in your bedroom. A small altar with a candle and a cushion or pillow to sit upon may be helpful. Make this place holy. It is here that you will learn to create the **MER-KA-BA** around your body and make conscious contact with your higher self.

Once each day, enter into this meditation, until the time comes when you are a conscious breather, remembering with each breath your intimate connection with God.

To begin the meditation, first sit down and relax. Let the worries of the day go. Breathe rhythmically and shallow. Be aware of your breath and relax. When you feel the tension begin to fade, begin to open your heart. Feel Love. Feel Love for all life everywhere. Continue to breathe rhythmically, being aware of your breath, and feel the Love moving through your spirit. When the FEELING of love is in your beingness, you are ready to begin to move towards the experience to the **MER-KA-BA**. Without this Love, no amount of knowledge will create the **MER-KA-BA**. To the degree you are able to Love, will be the degree you will be able to experience the **MER-KA-BA**.

The following is an overview of the meditation to reach the **MER-KA-BA**. There are seventeen breaths to reach completion. The first six are for balancing of the polarities within your eight electical circuits, and, also, for the cleansing of these circuits. The next seven, which are quite different, are to re-establish the proper pranic flow through your body, and to recreate Spherical Breathing within your body. The fourteenth breath is unique unto itself. It changes the balance of pranic energy within your body from third dimensional to fourth dimensional awareness. The last three breaths recreate the rotating fields of the **MER-KA-BA** within and around your body.

The instructions: The following instructions will be broken down into four areas: MIND, BODY, BREATH and HEART

FIRST BREATH: Inhale

HEART: Open your heart and feel love for all life. If you cannot do this, you must at least open to this love as much as is possible for you. This is the most important instruction of all.

MIND: Become aware of the male tetrahedron (the apex facing up to the sun, the point facing to the front for male, the point to the back for females) filled with the brilliant white light surrounding your body. Visualize it the best you can. If you cannot visualize it, sense or feel it surrounding you.

BODY: At the same moment of inhalation, place your hands in the mudra of your thumb and first finger touching. Remember, lightly touch your fingers, and do not allow your fingers to touch each other or any other object. Keep your palms facing up.

BREATH: At this same moment, with empty lungs, begin to breath in a complete yogic manner. Breathe through your nostrils only, except at certain places which will be described. Simply put, breath from your stomach first, then your diaphragm, and finally your chest. Do this in one movement, not three parts. The exhale is completed either by holding the chest firm and relaxing the stomach, slowly releasing the air, or by holding the stomach firm and relaxing the chest. The most important aspect is that this breathing must be rhythmic. Begin by using seven seconds in and seven seconds out, but as you get familiar with this meditation, find your own rhythm. The following instructions for a complete Yogic Breath are from "the Hindu-Yogi Science of Breath" by Yogi Ramacharake. Perhaps this description will be helpful.

Breathing through the nostrils, inhale steadily, first filling the lower part of the lungs, which is accomplished by bringing into play the diaphragm, which descending exerts a gentle pressure on the abdominal organs, pushing forward the front walls of the abdomen. Then fill the middle part of the lungs, pushing out the lower ribs, breastbone and chest. Then fill the higher portion of the lungs, protruding the upper chest, thus lifting the chest, including the upper six or even pairs of ribs. At first reading it may appear that this breath consists of three distinct movements. This, however, is not the correct idea. The inhalation is continuous, the entire chest cavity from the lowered diaphragm to the highest point of the chest in the region of the collar bone, being expanded with a uniform movement. Avoid a jerky series of inhalations, and strive to attain a steady continuous breath. You will be able to complete the inhalation in a few seconds after a little practice.

Exhale quite slowly, holding the chest in a firm position, and drawing the abdomen in a little and lifting it upward as the air leaves the lungs. When the air is entirely exhaled, relax the chest and abdomen. A little practice will render this part of the exercise easy, and the movement once acquired will be afterward performed almost automatically.

FIRST BREATH: Exhale

HEART: Love

MIND: Become aware of the female tetrahedron, (apex pointing to the earth, point facing to the back for males, point facing to the front for females), also filled with the brilliant white light

BODY: Keep the same mudra.

BREATH: Do NOT hesitate at the top of the inhalation to begin the exhalation. Exhale quite slowly, approximately seven seconds, in the Yogic manner. When the air is out of the lungs, without forcing, relax the chest and abdomen and HOLD the breath. When you feel pressure to breathe again, after about five seconds or so, then do the following:

MIND: Be aware of the flat equilateral triangle at the top of the female tetrahedron located in the horizontal plane that passes through your chest at the sternum. In a flash, and with a pulse like energy, send that triangular plane down through the female tetrahedron. It gets smaller as it goes down and pushes out the tip or apex of the tetrahedron all the negative energy of the mudra or electrical circuit, a light will shoot out of the apex toward the centre of the Earth. The Mind exercise is performed along with the following **BODY** movements.

BODY: Move your eyes slightly toward each other, or, in other words, slightly cross your eyes. Now bring them up to the top of their sockets, or in other words, look up. Also, this looking up motion should not be extreme. You will feel a tingling feeling between your eyes in the area of your third eye. You can now look down to the lowest point you can, as fast as you can. You should feel an electrical sensation move down your spine. The **MIND** and **BODY** must coordinate the above mental exercise with the eye movements. The eyes look down from their up position at the same time the mind sees the triangular horizontal plane of the female tetrahedron move down to the apex of the female tetrahedron. This combined exercise will clean out the negative thoughts and feelings that have entered into your electrical system. Specifically, it will clean out the part of your electrical system that is associated with the particular mudra you are using. Immediately upon pulsing the energy down your spine, you change mudras to the next one and begin the entire cycle over again. The next five breaths are a repeat of the first breath with the following mudra changes:

Second breath mudra: Thumb and second finger together
Third breath mudra: Thumb and third finger together
Fourth breath mudra: Thumb and little finger together
Fifth breath mudra: Thumb and first finger together (same as first breath)
Sixth breath mudra: Thumb and second finger together (same as second breath)

The first part, the first six breaths, the balancing of the polarities, and the cleansing of your electrical system is now complete. You are now ready for the next part, the next seven breaths.

Here an entirely new breathing pattern begins. You do not need to visualize the star tetrahedron at this time. Only the tube that runs through the star, from the apex of the male tetrahedron above your head to the apex of the female tetrahedron below your feet, needs to be seen and worked with. This extends one hand length above your head and one hand length below your feet. The diameter of YOUR tube will be the size of the hole formed by YOUR thumb and forefinger touching.

BREATH NUMBER SEVEN: Inhale

HEART: Love. There is another refinement here that can be used after you have perfected this meditation. It will be discussed in class.

MIND: Visualize or sense the tube running through your body. The instant you begin the seventh inhale, see the brilliant white light of the prana moving down the tube from the top and up the tube from the bottom at the same time. This movement is almost instantaneous. The point where these two light beams meet within your body is controlled by the mind and is a vast science known throughout the universe. In this teaching however, we will only be shown what is necessary, that which will take you from third to fourth dimensional awareness. In this case you will direct the two beams of prana to meet at your navel, or more correct, within your body at navel level, inside the tube. The moment the grapefruit centred on the tube. It all happens in an instant. As you continue to take the inhale of the seventh breath, the sphere of prana begins to concentrate and grow slowly.

BODY For the next seven breaths use the same mudra for both inhale and exhale, the thumb, first and second touching together palms up.

BREATH: Deep rhythmic Yogic breathing, seven seconds in and seven seconds out. There is no holding of the breath from now on. The flow of prana from the two poles will not stop or change in any way when you go from inhale to exhale. It will be a continuous flow that will not stop for a long as you breath in this manner, even after death.

SEVENTH BREATH: Exhale

MIND: The prana sphere centred at the navel continues to grow. By the time of the full exhale, the prana sphere will be approximately eight or nine inches in diameter.

BREATH: Do not force the air out of your lungs. When your lungs are empty naturally, immediately begin the next breath.

EIGHTH BREATH: Inhale

HEART: Love.

MIND: The prana sphere continues to concentrate life force energy and grow in size

EIGHT BREATH: Exhale

MIND: The prana sphere continues to grow in size and will reach maximum size at the end of this breath. This maximum size is different for each person. If you put your longest finger in the centre of your navel, the line on your wrist defining your hand will show you the radius of the maximum size of this sphere for YOU. This sphere of prana cannot grow larger.

NINTH BREATH: Inhale

MIND: The prana sphere cannot grow larger, so what happens is the prana begins to concentrate within the sphere. The visual appearance is that the sphere grows BRIGHTER.

BREATH: Sphere grows brighter and brighter as you inhale.

NINTH BREATH: Exhale

BREATH: As you exhale, the sphere continues to grow brighter and brighter.

TENTH BREATH: Inhale

MIND: About half way through this inhale, as the sphere continues to brighter, the prana sphere reaches critical mass. The sphere ignites into a sun, a brilliant blinding ball of white light. You are now ready for the next step.

TENTH BREATH: Exhale

MIND: At the moment of exhale, the small sphere two hand lengths in diameter bulges to expand. In one second, combined with the breath talked about below, the sphere expands quickly out to the sphere of Leonardo, out at your finger tips of your extended arms. Your body is now completely enclosed within a huge sphere of brilliant white light. You have returned to the ancient form of spherical breathing. However, at this point, this sphere is not stable. You MUST breath three more times to keep the sphere stable.

BREATH: At the moment of exhale, make a small hole with your lips and blow out your air with pressure. As you feel the sphere begin to bulge, all within the first second of this exhale, let all of your air out rapidly. The sphere will expand at that moment.

PART 3: ELEVENTH, TWELFTH and THIRTEENTH BREATH: Inhale and Exhale

MIND: Relax and just feel the flow of the prana flowing from the two poles and meeting at the navel and then expanding out to the large sphere.

BREATH: Breath rhythmically and deep. At the end of the thirteenth breath you have stabilized the large sphere and are ready for the important 14th breath.

THE FOURTEENTH BREATH

HEART: Love

MIND: On the inhale of the 14th breath, at the very beginning of the breath, move the point where the two beams of prana meet from the navel to the sternum, the fourth dimensional chakra. The entire large sphere, along with the original sphere, which is also still contained within the large sphere, moves up to the new meeting point within the tube. Though this is very easy to do, it is an extremely powerful

movement. Breathing from this new point within the tube will inevitably change your awareness from third to fourth dimensional consciousness, or from earth consciousness to Christ consciousness. It will take awhile, but as I have said , it is inevitable.

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BODY: This mudra will be used for the rest of the meditation. Place the left palm on top of the right palm for males and the right palm on top of the left palm for females. It is a mudra that relaxes.

BREATH: Rhythmic breath and deep. However, if you continue to breathe from your Christ centre without moving on to the **MER-KA-BA**, which is what is recommended until you have made contact with your Higher Self, then shift to a shallow breath. In other words, breath rhythmically but in a comfortable manner where your attention is more on the flow of energy moving up and down the tube meeting at the sternum and expanding out to the large sphere. Just feel the flow. Use your feminine side to just be. At this point don't think, just breath, feel and be. Feel your connection to All Life through the Christ Breath. Remember your intimate connection with God.

The Mer-Ka-Ba, The Vehicle Of Ascension The Last Three Breaths

You are asked not to attempt this FOURTH PART until you have made contact with your Higher Self, AND your Higher Self has given you permission to proceed. This part is to be taken seriously. The energies that will come into and around your body and spirit are of tremendous power. If you are not ready, you could hurt yourself. If your Higher Self gives you permission to enter into the **MER-KA-BA**, then don t fear, for you will be ready.

FIFTEENTH BREATH: Inhale:

HEART: Love

MIND: Be aware of the whole star tetrahedron. Realize that there are three whole star tetrahedrons superimposed over each other. One is the body itself, and is locked in place and never, except under certain conditions, moves. It is placed around the body according to maleness or femaleness. The second whole star tetrahedron is male in nature, it is electrical, is literally the human mind and rotates counter-clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates clockwise relative to your body looking out, or to put it another way, it rotates toward your right side.

To be clear, we are not telling you to rotate the male tetrahedron one way and the female the other way. When we say rotate the whole star tetrahedron, we mean the whole thing.

On the inhale of the fifteenth breath, as you are inhaling, you will say to yourself, in your head, the code words, EQUAL SPEED. This will tell your mind that you want the two rotatable whole star tetrahedrons to begin spinning in opposite directions at equal speeds at the time of the exhale. Meaning that for every complete rotation of the mind tetrahedrons, there will be a complete rotation of the emotional tetrahedrons.

BODY: Continue the mudra of the folded hands from now on.

BREATH: Breath Yogic and rhythmically an deeply again, but only for the next three breaths, after that return to the shallow breathing.

FIFTEENTH BREATH: Exhale

MIND: The two sets of tetrahedrons take off spinning. In an instant, they will be moving at exactly one third the speed of light at their outer tips. You probably will not be able to see this because of their tremendous speed, but you can feel it. What you have just done is to start the MOTOR of the **MER-KA-BA**. You will not go anywhere, or have an experience. It is just like starting the motor of a car, but having the transmission in neutral.

BREATH: Make a small hole with your lips just like you did for breath Number Ten. Blow out in the same manner, and as you do, feel the two sets of tetrahedrons take off spinning.

SIXTEENTH BREATH: Inhale

MIND: This is the most amazing breath. On the inhale, as you are inhaling, say to yourself, in your head, THIRTY-FOUR - TWENTY-ONE. This is the code to your mind to spin the two sets of tetrahedrons at a ratio of 34-21. Meaning the Mind tetrahedrons spinning to the left will go around 34 times while the emotional tetrahedrons spinning to the right will go around 21 times. As the two sets speed up the ratio will remain constant.

BREATH: Breathe rhythmically and Yogic.

SIXTEENTH BREATH: Exhale

MIND: As you let out the breathe, the two sets of tetrahedrons take off from their one third speed of light setting to two third speed of light in an instant. As they approach two thirds speed of light speed a phenomena takes place. A disk about 55 feet in diameter forms around the body at the level of the base of the spine. And the sphere of energy that is centred around the two sets of tetrahedrons forms with the disk to create a shape that looks like a FLYING SAUCER around the body. This energy matrix is called the **MER-KA-BA**. However, it is not stable. If you see or sense the **MER-KA-BA** around you at this point, you will know it to be unstable. It will be slowly wobbling. Therefore Breath Number Seventeen is necessary.

BREATH: Same as breath 16, make a small hole in your lips, and blow out with pressure. It is at this point that the speeds increases. As you feel the speed increasing, let out all your breath with force. This action will cause the higher speed to be fully obtained and the **MER-KA-BA** to be formed.

SEVENTEENTH BREATH: Inhale

HEART: Remember, unconditional love for all life must be felt through out all of this meditation or no results will be realized.

MIND: As you breathe in, say to yourself, in your head, the code NINE TENTHS THE SPEED OF LIGHT. This code will tell your mind to increase the speed of the MER-KA-BA to nine tenths the speed of light which will stabilize the rotating field of energy. It will also do something

else. This third dimensional universe that we live in is tuned to 9/10 the speed of light. Every electron in your body is rotating around every atom in your body at 9/10 the speed of light. This is the reason this particular speed is selected.

BREATH: Breathe rhythmically and in a Yogic manner.

SEVENTEENTH BREATH: Exhale

MIND: The speed increases to 9/10 the speed of light and stabilizes the MER-KA-BA.

BREATH: Same as breath 15 and 16, make a small hole in your lips, and blow out with pressure. As you feel the speed take off, let all your breath out with force. You are now in your stable and Third dimensionally tuned **MER-KA-BA**. With the help of your Higher Self, you will understand what this really means.

EIGHTEENTH BREATH:

This very special breath will not be taught here. You must receive it from Your Higher Self. It is the breath that will take you through the speed of light into the fourth dimension. You will disappear from this world and reappear in another one that will be your new home for awhile. This is not the end, but the beginning of an ever expanding consciousness returning you HOME to your FATHER.

If you share this information with others, please make sure they have all the knowledge leading to this understanding. If they cannot get to a workshop, then let them see the videos of this workshop. If they cannot do that, then at least lead them through with the photographs. If I can be of help in any way, or if there is anything that is not clear, please give me a call or write.

In love and Service,

(signed) DRUNVALO

In love and light I release this meditation from the veil of secrecy to reside in the light, I AM that I \mbox{AM}

Gabriel B'nai Elohim (he transcribed the meditation)

More information on Merkaba taught by Drunvalo Melchizedek you find at FlowerOfLife.Org.

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A LOVE STORY, A LECTURE

written by **Drunvalo Melchizedek** Posted Sat, 22-Oct-1994 23:12:51 GMT

Excerpt of The Open Line Issue Sept 1994: Lecture given by: Drunvalo Melchizedek at 'Archangel Michael Conclave' Banff, Canada March 1994

This is a love story between you and me. There was a time before time, a long time ago, before we created this universe, when you and I were One, absolutely One. Beyond any words, beyond anything that we can say, any thoughts that we can think, we were One. We were God. Before any of this waveform universe was created or any of the dimensional levels of it were created - and it's vast, it's probably more vast than you know - all the stars that you look out into in the vastness of space and atoms going within at any particular point, that's nothing compared to What There Is. And yet, before any of this, you and I were in absolute unity. And we decided to create this universe, and we did it from a very specific way. We chose a specific shape which was not a shape then, which was a sphere. And from this sphere, everything that we know and even don't know came. There's no exceptions whatsoever. All life-forms, all bodies, all planetary forms and everything even beyond that, all came out of a simple, little round ball.

Once we created this external universe, which in actual fact was an experiment for us, we then decided to get into it. It's no problem for Spirit, for Great Spirit, for God to be in more than one place at once. In fact, God can be in all places at once. And so, God actually divided himself. Part of himself, herself, beyond sex, remained outside of the experiment and pan of God moved into the experiment. And again in a very, very specific way, using the very form that created the experiment - that very specific pattern and shape which is sometimes referred to as the **Merkabah** - the spirit of God moved inside and began to experience directly what was created. That consciousness is now referred to as **Melchizedek Consciousness**. It was formless and there was nothing but Spirit and consciousness. There was no created anything other than the format. From there, the consciousness of God through Melchizedek divided Himself one more time into the consciousness of **Christ**. And that consciousness took on and contained the possibility of form. All form at all levels no matter who it is and where it came from came from the Christ and through the Christ. But when the Melchizedek Consciousness divided itself into the Christ, it automatically created a third component - something beyond itself and beyond the Christ, which could be referred to as God. It's a - Jehovah or Yahweh. It's given a name because it 's within waveform and can contain a name. It is definable. But the aspect of God outside of the created universe cannot be defined, cannot be even discussed, can't even be talked about. There's nothing inside of us on any level what so ever that can reach that, except there is *Who We Are* which is that droplet of the original - but there are no senses within us that can reach that point.

We went on for a very long time in this particular way. These three components, in modern day times or Eastern Christianity, are usually referred to as the Father, Son and Holy Spirit. The Father is the Ultimate Personality, and the Son is the Christ, and the Holy Spirit (the formless) is the **Melchizedek** aspect. They've been given many names, many times throughout space and time. At one point, because it was possible (and life does anything - as long as it sees a possibility, it's going to do it because this is an experiment), we realized that there was a particular way that we could experience this reality that had not been tried. And so, we tried it. And we tried it several times actually And each

time, it failed. It was disaster. It was absolute disaster. The last time is often referred to as the Lucifer Rebellion. It was not really a rebellion though it's been put into those terms and many people see it in that way. And it began within the angelic realms.

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You see, God created two very special angels. They were the most powerful, the most incredible angels that He had ever created. One was **Michael** and the other was **Lucifer**. Lucifer was (his very name means the Shining One), he was kind of the top model that had ever been created. There was really nothing beyond him. He knew the entire understanding of the Knowledge from beginning to end. The only being that was beyond him was God Himself which in this case we're referring to as the Supreme Personality, though the Christ and the Melchizedek were also beyond that - the Trinity (put it that way) was beyond it. But there was nothing else. There were no individuals beyond it. And just as you know in your own lives what we do in human experience is we always strive to be the very best we can, and we use the models of our heroes and the great ones that have been throughout our history as those we try to emulate and be like and be better than actually. We try to be greater than them. We try to be the greatest that we can be. But we use them as the models. But Lucifer and Michael didn't really have that. They didn't have someone beyond them.

Lucifer's instructions and Michael's instructions were very different. They chose two extremely different pathways. It was not an accident. It was divinely ordained. Michael remained connected to all life, and to God, to all that was created and to the original plan, you might say. He never disconnected. He remained connected to the formless. And that was his job, and he remained connected to the Light, if you will.

Lucifer, though, chose a different path and the path was in the seed of his creation from the very beginning. He had no one beyond him, and so he tried - the only one that was beyond him was the Holy Trinity - and so he tried to be like the Holy Trinity in fact, he tried to be better than the Holy Trinity, better than God. He tried to ascend to the heights that God was. That was his job. And the pathway that he chose was by the understanding of the knowledge of the Merkabah, and how that was the image field that created all the created aspects of the universe and *All That Was*. He knew what it was . He knew that the very shape of it was the shape of the living galaxy that we are in. If you look at the heat envelope which will be seen throughout the reality in all kinds of levels, not just on the larger ones. And so he created an **external Merkabah**, a synthetic field which was a space-time dimensional field that was able to move through all space and time and dimensions. And it is what we call a craft or a flying saucer. He was the originator of this.

And he began to create a separate reality, a reality separate from all the rest of created reality - separate from Michael. This was ordained because *Life* wanted to experience what this was. Only Lucifer believed that he could now accomplish this in a way that would not end up in the way it had three times prior to that. No one believed him - hardly anyone. According to the Bible, one third of the angels did believe him, a very large portion did. But the majority did not and simply sat back and watched.

In fact, even today, there's very little involvement in this thing we call the dark and the light. The majority of consciousness simply witnesses and does not become involved in it, in one way or the other. You have four kinds of beings out there in the existence of Life. You have ones that are of the Light. And their purpose is to move into order and to bring harmony and peace and love throughout the cosmos. And then you have the beings of chaos or darkness who are opposed to that (harmony) who bring chaos into the whole thing. Then there are those who have chosen both ways. They sometimes are the dark and sometimes are the light depending on what they feel is the best case. Some of those would be the particular Pleiadians, the Semjasians that have come in, who choose which way they think is the best way from their view- point and reality. But the vast majority of Life is neutral and doesn't do anything. It's simply watching the experiment within the experiment to see what's happening, to see which way it goes.

And so, this last experiment that Lucifer and Michael began is really brand new. It's not very old. It's really not more than a couple of hundred-thousand years old. The prior one to that ended about a million years ago or 900,000 years ago. Arid there's ones that go further back than that. So this is a relatively new thing, and it kind of corresponds with the time when we became conscious on this Earth. This particular evolutionary pattern that we are in started just slightly after this whole thing began.

And so, stretching out through time and space, many beings, many races of beings and many levels of life began to create the separate reality and move into it and we did it, too. All of us chose the path of Lucifer, every one of us. You may not want to agree with that but you did. We're here, and we 're in a synthetic environment, and we 're totally involved in synthetic understanding and science. Does Michael have spaceships? Is he involved in that? He's formless. They're not involved in synthetic science. They can do anything without science because of their intimate connection with all *Life* and the original way that the reality was created - anything, they can do absolutely anything, anything that imagination or memory and what's possible is possible from Spirit simply by your connection with God. But Lucifer did it through **synthetic reality**.

All of this has led to a situation throughout the cosmos that for a long time appeared to be going to end up in exactly the same way that it had in the three previous times before this - up until just recently. And the complexity of what's taken place over the last 13,000 years is a little bit more than I can get into at this point right here, right now. But it's an extremely complex pattern of events that have occurred here on Earth that have led to a series of events that started in 1972 (which is just a second ago) that have led to a situation here on Earth that is absolutely unique in all created time and space. Never before ever, anywhere, has the situation that's now occurring - there's nothing even close, not even on of close to what's occurring right now.

We can't really tell the incredible, awesome phenomena that's occurring on this planet because we are inside other particular experiment that's going on here. If we were outside of this on higher levels of consciousness looking back in, then we would know. But from where we are now, most of us are pretty veiled and can't see this. We can sense it, we can feel that the events are moving very quickly. We can sense the urgency although there is really not an urgency because everything's perfect. But we can sense that many people have that feeling that **something amazing is occurring**. But we don't really know how absolutely amazing it really is.

In 1972, because of approximately one hundred external races off of this planet headed by primarily the Sirians and another race of beings within our own solar system that are spoken about in the Sumerian records (called the Nephfilim) and many other races of beings who believed in them, a simple experiment was implemented on this planet that began in the middle of February of 1972. And this experiment has escalated into a series of events that have led to this **extraordinary** situation that we are in.

In the very beginning, the Earth was really just a speck of dust in the middle of nowhere. We are really no more important than anything else and from a galactic command centre, the Earth is (prior to 1972) moving along in the same patterns - in this galaxy, at least 80,000 other planets are almost identical to the situation we are in. But this one began to go in a totally new, completely different pathway never seen before. And it began to attract the attention of people from everywhere. First, other smaller places. And then it began to spread out, and it stayed spreading out further and further until finally the very core of the very galaxy that we are living in (our larger body, if you will) became focused on this place because it was becoming pretty clear that this was something brand new. And things that are brand new don't happen very often in this reality. We've kind of exhausted most of the brand new things. And this was brand new. And then millions of them, and then prime very often in this reality. We've kind of exhausted most of the brand new things. And this was brand new. And then millions of them, and then galactic. Other galaxies began to become interested in it and other ones and then hundreds of thousands of them, and then millions of them, and then timer sional and then to other worlds that we can only imagine and there's millions upon millions of these other dimensional levels that are just as vast as this one. And pretty soon, something happened that has never happened except once before - and that was in the very beginning - all of life began to focus on Earth, everywhere. That's never happened before. And that in itself is an incredible phenomena because attention affects the way of the outcome of events.

And so, the **Ascended Masters**, which are the cream of our particular evolutionary pattern who have gone ahead of us, who thought they understood exactly what was going on, began to get confused and didn't really know what to do in many cases because every time they turned around a situation would develop that there was no known memory pattern to deal with it. They think they know what they're doing now. But they fully realize that that could change instantaneously and move in a direction that they're not going right now. So, everybody's winging it. They're definitely winging it. I don't care who they are or how high up they are, we're all winging it right now. What's happened is the God aspect outside of this part of us, outside of this, I believe, through the Melchizedek Consciousness, planted a seed inside of this reality a long time ago in the very, very beginning - a little tiny seed which was the seed that was pulled out of the reality to create this experiment that happened in 1972. And we knew in the very beginning that some day this seed would be planted. I'm sure we knew exactly where it would be planted, too, when you and I were One.

Now, it appears to us that God, outside of this created experiment, is taking us to another level of existence beyond our imagination or what we can possibly dream and I mean on any level of existence of us that Is within it. Either that or it's a total recall. **We're going home** - not just home, back to the original cycle of all things, but back before this was ever created. Something real big is occurring. Something very huge is occurring. Because of this, because of the very extraordinary nature of the events that are occurring, it requires us here on Earth to take a different viewpoint from the one that we have held for a long time. For a long time, it was necessary for Michael and Lucifer to struggle against each other. That was their job. They were supposed to do that. You see, it had a function beyond what you would normally think. What it did in the course of events, it acted as a timing device. In other words, if you have a planet or even a person or anything else like that, the forces of good and evil, if you want to look at it like that, or dark and light that react inside of your life, that are constantly approaching you from all different directions, have a **holy purpose** beyond just what might appear. Their purpose has to do with timing of events. In other words, the dark force, the dark brotherhood does everything it can to make sure that you don't evolve - everything it can - pull out all the stops, does everything it can to stop you. And the light force does everything it can to get you to raise up and to move higher in consciousness. And what it does, they're working together as a unity on one level, so that you move at exactly the right moment in time. The God that created both of them (the aspect is beyond all of them) works through both of them not just one.

Though we - because we have gone into polarity or duality consciousness which we all have now, we have broken this down into what is good and what is bad and we now judge everything. Every single event that occurs - the words I'm speaking to you right now, you're judging moment to moment, whether I'm saying something good or something bad, saying something right or saying something wrong. But **from a higher level of life, only God is present here, only God is moving through my words and through into your ears and only you and all that is occurring is God.** There's really nothing else. There's an absolute unity that has always been and always will be, and we can't see it because we chose this particular pathway which was right. We did the right thing. There's no reason to be guilty about this. We chose this, and it was what we were supposed to do.

But now, **now we have e to take a different pathway**. It's already occurring on the higher levels of life and that's why this conclave was even allowed to take place - why Michael allowed it to happen was because the dark and the light forces are now merging into oneness again. The war or the struggle that has gone on for so long which was necessary is now becoming unnecessary. And a unity that we once knew a long time ago - we all can remember it, we know it, we can feel it, we've got it in here. We know what it is. That unity is going to begin to move under the Earth. It's already moving into the higher dimensional levels of the Earth. It's already occurred. We're always the last ones to get it, you know. That's the way it is. It comes down through the Council planes and things happen on higher levels and eventually manifests down here. This is already occurring. Lucifer and Michael have made an agreement, and the struggle is ending.

We, as the leaders - and you are the leaders in the world right now, you are the ones who other people will be looking to. You are the ones that must begin to live this new experience, and **you do it through your life**. There's no other way. Forget the words, they don't do much. *It's how you are in your actions with all Life*. And what it means is that we drop all the judgments, just eliminate them and come from a different place where we see **that no matter what's occurring there is absolute perfection in reality that's occurring, that God is in every moment no matter what's occurring, that there is a higher purpose in it. Even if it's a war going on, drop the judgments of it being good or bad and begin to move from a place where you see that all of this, all that we have done over the last 200,000 years, is gonna take us to a place where God wants us to go, a place - something that we can't imagine right now, we simply can't. There's no words. I can't talk about it. I know the steps that we're gonna move through. Initially, I know these steps very well. I've been through them. I understand them, and I could talk about them. But we will eventually come to this place that's beyond what I know and what Melchizedek knows and what Christ knows or even the Supreme Personality knows. We're going to go into something brand new.**

This is really hard because the consciousness of good and evil is ingrained in us so great, it's in every cell of our body, and to no longer judge - we still have to discriminate and that is a form of judgment. And so, it's this fine line until we move, until we get to the place where we can move beyond all of this and realize that we can't just (snaps fingers) like that totally become this other thing. Enlightenment is not a destination or a place you get to. It is a pathway or a journey that goes with every breathe, every moment along the way, and we grow into these other stages. From the place where we can move from is right here and now, it will still be here and now, but it's never-ending. If we can begin to just - every time we come into a situation - we get into a taxi cab or anything else like that or someone yells at us or whatever it is, and **we don't take anything personally any more and begin to function from this pure state of just pure consciousness**. If you do this and if you can begin to do this, you're gonna find something very amazing begin to occur. The higher spirit of God will begin to move through you in a brand new way and all that you do, no matter how little it is, even if it's just moving over and picking up a glass and moving it that far, can change the energies in a room in a way beyond what you would normally know and can affect life in a very positive way.

I don't really know where all this leads. I'm winging it, too, on this. I do know that this is what we have to do. We've got to stop our Judgments and become simply compassionate. Forget all the hierarchy of who's higher and who's lower, who's better, who's worse. From my point of view, Jesus the Christ and a drunk in the guitter are at exactly the same level. We're all exactly the same. There is only God! It's all there is. There's nothing else. And I really believe that if we can incorporate this into our lives, that the power of the universe will begin to different that it doesn't appear or seem like it is even possible to find a dream, a reality, that could incorporate both of those dreams without chaos. It never has before - the Greys, for example, who have been searching so desperately for a way out because they know they can't get out of the mark sistence. Instead of looking at these races and various people that have caused so much chaos as the energy, if we look at them as us, a part of us and who we are and we hope and pray for a solution, not just for the light to move up, but we hope and pray for a solution for the dark as well. We hope and pray that all of *Who We Are* (and we are all Life) can find a way that will - some way that we can live together and I think, that it is beginning right now, right here - though there are other schools and mystery schools around the worle whore it is beginning at the same time. You already know this. This isn't anything new. Big deal! But it's a big deal if you have to live it. It's not easy, you know. It's easy to tell somebody, go out and love everybody. It's really hard to do. It's probably the hardest thing on the whole planet to do. If you could give a more difficult situation, I don't know what it would be. But I believe not only for me but from within yourself and all for this is what we have to do. We have to allow for more the all the same time. You already know this this is what we have to do. We have to all life to come into unity and back into Onenes

There's an event coming up in our lives: God, the Holy Trinity, working with God outside the universe, is about to create a show for us all over the world in various ways. It's a demonstration of the Great Spirit that moves through all of us. It's going to happen over the next few years. I believe it's going to begin this year. I'm not ven much into being a prophet. I don't even like to do that, especially under circumstances where the events are moving so erratically that to prophesize at this point is really stepping on thin ice, because all the prophets right now are - well, it's extremely difficult because of the rapid changes and the things that are going on.

You take a look at Edgar Cayce for example - made over 14,000 predictions - 12,000 of those predictions came true. He only missed one prediction out of 12,000 prior to 1972. But after 1972 when certain changes were put into our environment, the prophecies of Edgar Cayce began to go astray in a lot of ways. And they didn't really understand why because Edgar Cayce didn't understand why. He was prophecisizing from the Akashic Records based upon what would probably occur. And you can get very accurate in those kinds of prophecies but not when the very mode of the change of the reality is changing from minute to minute. This is a brand new situation. Nostradamus is the same way. He was about eighty percent correct until 1972. And he's fallen way off. So, to make a prophecy right now is - we could be heading right for something and it's going to happen for sure, and then (snaps fingers) we all turn and move somewhere else.

What it looks like right now is that we're about to have the first major prophecy of the Hopis to occur later this year. We'll see. The Hopis predict that the sky will turn red. It's also predicted in Revelations in the Bible. There was a comet that began to approach Earth, well actually

Jupiter, last y ear when we became aware of it. And as it went around the Sun and actually came into our orbit through the solar system, NASA predicted that that comet would strike Jupiter in December of 1993.

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However, there's a person named Maryann [?] Shinfield who is a psychic of extraordinary dimensions who said to them, "No. You're wrong. It's going to happen in July of 94." And when that comet came back around the other side of the Sun where they could actually see it and make real accurate predictions, she was right. It's gonna start hinging on July 19th and the final one will hit on - there's actually, they [NASA] say, 24 comets, 24 pieces of this asteroid (puzzlement in the audience). It's going to strike July 19th, the first ones, and the main one will hit on July 24th of 1994 which is right in the middle of the Sirian Window, the Egyptian/Sirian Window, which is one of the primary windows for initiation. It's a planetary window. It's no accident that this thing is hitting at exactly this moment And it will be the biggest phenomena of this kind ever recorded in the history of man. This is from a scientific point of view. It's going to be striking on the dark side of Jupiter just about one hour within our view.

And Maryann Shinfield, who is an unusual women - she's blind - has no retinas, she can't see at all - totally blind, 100 percent, yet she can see this room as well as you and I can. And they don't understand how. They're about to make a movie on her because she's so unusual. She's like this totally unusual thing. And we've become very good friends. I really trust her, actually. I know where she's coming from. At one point, she allowed me to see what she sees. So I saw through her eyes. And what she's doing - even tho she's sitting in a room back East, her field of view is, she's floating through the solar system. She sees the stars and the planets. That's what's happening on a daily basis with her. She can move right up and across to Jupiter or anywhere else. She was able to prove this to NASA because she was able to move alongside their satellites and tell them what was happening, what the readings were. And this absolutely blew their minds. They, in turn, have tracked her - she can't breathe without them listening to anything she says. People like Richard Hoagland and Colin Andrews are also extremely interested in her because she has an eye, into the solar system, that's extraordinary.

And so, for a long time, she was actually floating alongside these asteroids, looking at them, telling NASA what was happening, because they were breaking into pieces. She also predicted way back even before NASA knew what was going to happen in January that this event would **compact the Earth's atmosphere** in some way and cause the sky to turn red. From a scientific point of view, it's not real unusual. The sky is blue because the light passing through the atmosphere polarizes as it moves through the atmosphere and turns the sky blue, at least if the Sun is straight overhead, it's blue. As the Sun begins to move down toward the outer edge of the horizon at sunset or at sunset - here's the Earth down here and here's the ball of air around it - when the Sun is coming from above, it doesn't have to travel very far, so it polarizes to the colour blue. But when it comes from over the edge, it has to travel further to get to you, to your eyes, and it polarizes more and it shifts more to the orange and the red. So you see the sunsets that turn the sky more into orange and red. If the sly were to become more compacted somehow, and I don't understand how this could really take place, then it would polarize the sky more from the blue into the red. It's very possible that this could take place.

Another aspect of the phenomena of the striking of Jupiter is that Jupiter is a gaseous planet. It's huge, it's enormous. There's actually a low-level fusion going on inside there. If this comet were to strike it in a very particular way, and this is not outside the possibility of present day science, **it could turn it into a Sun**. And that, of course, would definitely wake up a lot of people. So, if God wants to do that . . . these are the kinds of the things you are going to begin to see as we begin to move further toward the beginning of moving into the hyperdimensional space that's around Earth - fourth-dimensional consciousness, fifth-dimensional and higher. I think that we will see these kinds of their prophecies was so that their people could remember, and that when they saw this, they then had a very definite game plan of exactly what to do. They know exactly how to proceed once they see that particular sign. And you will, too, also. You'll know exactly what to do. You will remember aspects of who you really are. And you will begin to merge with parts of yourself on higher dimensional levels, what some people call the Higher Self, and things will begin to happen very naturally and organically. The only problem is the speed at which we're doing it at - which is the part that we're concerned about because we're moving very quickly in these kinds of ways. But, ugh . . . [unintelligible question asked from the audience]

No. This will be a phenomena that will be seen, I believe, any where in the daylight aspect of the world. I don't know if it will be seen at night. Yeah - (another question is asked) you guys can ask questions. It's ok with me.

The Egyptian Window - there are certain places as we move around the Sun (which is not occurring. by the way - it's an illusion)

Remember when we used to fake it, when the world was flat, that all the stars and everything rotated around the Earth? We believed this for a very long time. We extremely believed it. In fact, the Catholic Church - if you didn't believe it, would kill you. Only four-hundred years ago, we then went back to the belief that the Earth was round and that we rotated around the Sun. And today, we absolutely believe that. We're totally convinced that that's true. And if you were- to tell anyone right now that it's not true, they would think you're crazy. But, I tell you right now, it's not true

There's another phenomena that's more accurate you see, the one where we think we travel, where everything moves around us, that was accepted because that was the visual effect experienced. Mercury appears to be going in a loop-the-loop pattern which is why Mercury appears to go retrograde so often - and the stars appear to be making these "flower" patterns, which is simply of the visual aspect. But the mathematics associated with such a pattern are extremely complex. The only reason that the one we have now accepted has been accepted, is because the mathematics are much simpler. And so, we've accepted this, and we now think that we're rotating around the Sun. Just believe me, eventually we will see that there is even a simpler pattern - something else occurring that we can't even imagine right now. It's not happening that way at all. It's something else. I can't get into it right now (audience sighs). It would take at least twenty minutes. I've only got a few - about four minutes left here to do.

But we are doing that. And there will be changes in the way that we view ourselves - changes one after another, of what we thought was true constantly being wiped aside and replaced by something that's more incredible but more workable. And this is our growth patterns that we will grow through. These growth patterns will become vaster and greater as we merge into higher and higher levels of understanding that already exist. There's no problem here, everyone. We're gonna go through this just fine. **There's no reason for fear**. We really should be very happy and grateful that we have made it through to where we are now because we will go home now. (audience cheers) All the fear predictions that are going on, etc is - that's ok. The fears we have on all levels hold us back. They're necessary. They keep us from going until the right time. But you're gonna find at one point that you're just gonna let go of all your fears. You're gonna become an absolute fearless being and you're gonna merge back on levels that are just incredible. And we're there, we're here. We're really doing it. It's gonna - we're doing it now, though we're moving still pretty slowly. We're gonna be moving very quickly soon.

(Unintelligible question). She asked what happened in '72.

We were created - I can only say this very quickly because we've only got a couple of minutes left. We were created by a race of beings. God uses people to create people. Just like we, male and female come together to create a child, it is races of other beings that create other races of beings. And we were created, and this is in your records right here on Earth. Look into the Sumerian records and see. You'll see that we were created by a race of beings from another planet in our solar system called the Nephfilim. What are not in the records but are there but haven't been interpreted correctly yet - that was the mother aspect. The father aspect of us, that part that came from outside the system, the sperm aspect came from the star Sirius. There are very deep reasons why that part was joined with us. And so, our mother and father aspect were these two very specific races of beings.

Specifically, the father aspect of us performed an experiment on Earth that was done legally, and got permission through Galactic Command and everything which had never been performed ever since the beginning of time and space. It was designed to try to prevent us from annihilating ourselves. If this experiment had not taken place, we would not be here now. The Earth would be a dead body not ever able to be used as a "starseed" to bring new races out. It would have been gone. But the experiment was allowed to take place. And the experiment -

the initial purpose of it was to protect us against certain things that were going on in our environment. And also, to speed up our evolution that we could get to a place where we could take care of this situation ourselves. What happened though, it has speeded up our evolution faster than anything that has ever been seen before. In a particular kind of way, we're out of control. We are evolving faster than has ever been seen before. We're just like - you don't know because you're inside the experiment. But if you were outside the experiment, you'd be seeing it with your mouth wide open. "How could that possibly be happening?" But, it is. And we did it, and we are One.

(Question) Is there any information about April 23rd? I've heard this, come up, but I have received nothing.

We have all kinds of harmonic nodes that are going on here between now and the year 2012. The final one ends on 12-12-12, December 12th of the year 2012. There will be an experiment that takes place which will end all experiments, and that experiment will take twelve days long. And on that day, on December 24, Christmas Eve, will be the end of this experiment. At least, that's what we now believe though something else might happen. It happens that December, 24th, 2012 also happens to be the day that the Mayan calendar ends. They didn't go any further because there's no more time. There's no reason to go any further. We move into another level of time where the Mayan calendar is inappropriate.

I want to just thank you. And I really hope that what I have said helps you.

We thank the ones who sent this article to The Open Line.

AMATERASU: THE GODDESS OF LIGHT RE-EMERGES

written by Christan Hummel

Posted Wed, 18-Dec-1996 23:42:23 GMT

The Flower of Life Newsletter - NOVEMBER, 1996 - VOLUME I, issue 1

Welcome to the first edition of our newsletter. It is for those of us who have taken a Flower of Life workshop with Drunvalo Melchizedek or one of the trained facilitators. I am one such facilitator who has sensed a need within my small circle for such a vehicle of communication and community. It is my heartfelt intent to help fill that need with this newsletter; but it is not mine, it belongs to all of us. I hope that you will use this newsletter as your vehicle for sharing, connecting, networking, and whatever other purposes you choose. I invite your participation as a member of our community, and encourage any contributions you would like to make. I therefore offer myself and services to the group and ask to be guided and shown how best to serve. Namaste.

We, the facilitators of the Flower of Life workshops, who were present at the Flower of Life Conference retreat in the high desert of Arizona, would like to make a request of all beings on the planet. In the times that are ahead of us we have a choice. That choice is to bring in the light, love and child-like innocence into our hearts and make a smooth and easy transition in the years to come. The other way is a more difficult one. We are asking at this time for help in this choice by being and staying in our heart space.

- Open your heart to love
- Connect to Mother Earth
- Connect to Father Sky [the Cosmos]
- Feel the connection between the two in your heart

From this unconditional love space, invite the Goddess of Light, Amaterasu [who embodies the energies of light, love and childlike innocence] into your heart.

The following is the story of Drunvalo's fulfilment of a 3,000 year old prophecy. Drunvalo Melchizedek is an interdimensional being and a member of the Melchizedek Order, here on Earth to remind us of forgotten ancient teachings, the most important of which is to feel and know our connectedness to all life; to know that we are all one; to open our hearts to unconditional love, and to see God in the eyes of everyone.

During the summer of 1996 an old Eskimo Shaman from Alaska passed over, leaving a letter for a Flower of Life facilitator. The letter mentioned a 3,000 year old prophecy which spoke of a man from the Southwest [Drunvalo lives in Arizona] who would travel to Japan on a mission. This man's task was to unite the Eskimos, the Native Americans and the ancient Japanese Shinto followers, forming a triangle on Mother Earth. The purpose of this mission was to link these three peoples in order to release the Deva spirits and animal spirits throughout the world

In reading this story, please realize that the words on the page cannot fully embody the depth of the emotions expressed during the telling of the events.

[The following is a transcription from an audio recording taken during the FOL facilitator gathering, October 9, 1996, Paulden, Arizona.]

Drunvalo: The reason the Shinto people in Japan wanted us to come was because they had a prophesy [just as the American Indians had a prophesy] that at this time, right at the very, very end of this century, someone would come from a foreign land and would do "this thing." I didn't know what it was. I didn't understand it. The Shinto priests there believed that I was this person. But I had no idea what they were talking about until I went there. When I got there I saw two mountain ranges, right next to each other - one is female and one is male. One is smooth and round and one is jagged and sharp. There is hardly any valley in between and they cross. Right where they cross is where a temple is [in Nagano, Japan].

According to Shinto belief, about 500 years ago [which is about the same time as the Mayan belief - 520 years ago] the Goddess of Light, Amaterasu, was tricked into going inside the earth and was sealed in. Once she was in there and the darkness came onto the earth, she was afraid to come out. According to the legend, one time during the 500 years she came out, but she was tricked into coming out, so she stayed out for just a little while and then she went back in. Then I was led to this incredible place in the ground where they said she was, sealed in this place. I went to that place and I offered her cornmeal and sage and I asked her to come out. She came. She began to communicate - "No, I'm afraid. It's too terrifying." At that time we were to have a lunar eclipse two days from then. There had not been an eclipse like this one for a long time. I don't fully understand it, but it has something to do with the fact that eclipses are usually at a 45 degree angle and this one was a 120 degree angle, making it very unusual. I talked with the Goddess of Light for a long time. I said, "Would you at least come out until the lunar eclipse is over and just see - then you can go back in if it doesn't feel right." Finally she said, "OK." She came out and there was an incredible light. She had no form. There was just a bright light with blue and a little lavender color, but mostly white - it was more like a flame. It was very feminine and very elegant. And very childlike.

There was this feminine beautiful, beautiful light that came out and then she came over and she was really afraid, so afraid. She agreed to stay until the lunar eclipse to decide. It was very easy to communicate with her over the next two days [until the eclipse]. She said, "Where do I stay? I can't be here." There was a physical temple nearby and we decided that she would stay in there until the lunar eclipse. She went into the temple and I could see this beautiful light going in there. After that night I realized that what I was doing was tricking her again.-- I realized that there was another cycle that was happening and the lunar eclipse was the point where it would be determined if there would be enough light for her to stay out. It was like a Catch-22. If she stayed out beyond the lunar eclipse, she could not get back and yet she had to stay out during the eclipse to know if it was the right time. I had to explain this to her very clearly, so I went back. It was like talking to a child, but I didn't want to lie. [This was a very emotional point in Drunvalo's story and there were many tears.] She did understand, but what it meant was that she only had the length of time until the lunar eclipse to make her decision. She clearly understood that if she stayed out past the lunar eclipse she could not go back in. During the eclipse I could feel what was happening and then I got lost. I could not contact her. I could not reach her. I don't know what happened. I don't know if she's out or not.

We were brought there - we had to go there because the whole temple was centred around one person, a young woman who had Downs syndrome. They were centring totally on her. And as you know, it was the 45 plus 2 chromosomes [that produce a Downs syndrome baby.] She [this girl] was completely in her heart. And when the people who were in the workshop went there they were looking into the eyes of this one little girl. She had Downs syndrome but she was 21 years old, which is very old for a Downs syndrome baby. As they looked into her eyes she said, "You must come." And everyone said, "We'll come." Everyone was prepared for me to meet this girl and right before we got there she became very ill and had to go into the hospital. During this whole time she was on the verge of dying. We got the word afterward from the doctors who said that they didn't think there was any hope at all. She was on a respirator. She got pneumonia and her lungs were filling up. Then, just as we were finishing up the workshop and were doing the medicine wheel, she miraculously became a lot better. They took her off the respirator but they still didn't know if she would live. We got a letter right after that said she was breathing on her own again and they were bringing her back. I know that she can only stay for one more year. She had a decision. There were so many plays of energy going on there. It was a powerful thing going on. To the Japanese it was of major importance. The love they were giving us was just like this all the time.

The solar eclipse this Saturday [October 12th] holds the rest of the piece of whatever happens. I can't tell you except to say that it depends on how much love there is in the world at that time. It just depends on how much love there is. Please stay in this place of love. If this does not manifest then darkness will come back in. We can still make it through. Everything will be fine, but it is going to be the difference between a passage that is of great beauty and a passage that is terrifying for most of the world. Stay centred and connected in this way that we just learned today. And tell anyone else you can.

The Goddess of Light is the innocence, the childlike innocence of our consciousness. And we need that to make the transition in a beautiful way as a planet. We need that innocence. Sophistication brings darkness. Jesus said, "We must become as little children." This innocence - this is the light.

If anyone wonders what she was afraid of - just look at where we are today - what we have become as a planet. We have forgotten who we are and we have taken this pathway, which we had to take. It is not necessarily wrong. We had to take this pathway to develop something within us. If we don't bring our innocence with us also and if we only make this pathway with our spaceships and our computers and our technology and our sophistication, God help us.

We are living this innocence here in this moment [the facilitator's gathering]. We are taking responsibility to a larger level for the planet. Can our love be strong enough to bring a light that can reach out to the whole world? The doorway is completely sealed one way or the other at this solar eclipse.

[Group discusses and agrees to do a meditation and invite Amaterasu to come out onto the Earth again]

JM: Does this request seem to be free of any trickery?

Drunvalo: What I don't know is if she chose the light or went back in. If she went back in, I don't know - I can't say. If she is out, then we will probably be able to feel it with this many people meditating. I can't say. But there is no trickery involved.

She is a being like anyone else, so she can do what she wants. What I do understand is that the decision is either completed or not at this solar eclipse. The reason is that the moon goes one way and then wraps back around and that is what makes the next eclipse. There is so much in alignment that when the Sun and the moon come back around they do the exact opposite of the first eclipse. This is the time. This is it. I watched all of this and this is why I saw so much darkness coming in, in so many ways. It appears that is why so much is happening in this circle [some darkness occurred during the facilitator gathering]. If she hadn't decided to stay, I think that the circle would have turned into chaos [it didn't]. That is my personal opinion. But let's see. Let's go in. Space means nothing to her. We're not talking to a president of a corporation here, we are talking to a very innocent spirit and a very innocent child. And, a child with tremendous power. I don't even know her name [Amaterasu]. You know how to do it: connect with Mother Earth and connect with Father Sky. That is how I was able to talk with her. So many people went to her and she wouldn't listen. But she would listen when she felt the presence of God. You know what to do.

Just one more thing. I just want to thank all of you. J, thank you so much. Thank you so much. I wasn't allowed to ask any of this. I am going to say one more thing. When we did the medicine wheel in Japan, I was told that one of the Japanese had to pray in the ancient Shinto religion and ask for Amaterasu to stay. They went around the circle, all the way around, and everyone was praying for all kinds of things. They were asking for personal things and they were asking for their ancestors and everything else, until it got to the last person in the circle. He bent over like this [bowed down and folded his hands over his chest] and began to pray in the ancient Shinto religion for her to come out. I couldn't believe it. I couldn't believe it. It was that close. Everything has been that close. It's like talking through the great door, it just opens up and we slide in. It has been that close on everything has happened with that kind of precision. There is the perfection. When that Japanese person prayed like that he changed me forever.

I know we are all tired. Let's just go in and do this for Mother Earth.

[The group did a meditation.]

Drunvalo: We have to speak of this. It's got to be spoken about.

The Goddess of Light is the innocence, the childlike innocence of our consciousness ...as Jesus said, "We must become as little children."

DK: She came up to me, very shy and afraid and she said, "But where could I stay?" I offered to her, "If you want, you can stay in my heart and the hearts of all of us in this circle. You will always be safe. And through us, you can connect to the Heart of Mother Earth, on one line of the prana tube, and to the Source through the other end of the prana tube. You will be completely free and safe." She had already decided that that would be good because our hearts were full of love and she felt safe. She wouldn't feel in danger because in these hearts she would have a safe home and would be protected and nurtured and at the same time be able to bring the childlike innocence and light through us.

Drunvalo: She is definitely out. First of all, before I say what my experience was, when she came to me she said, "Where can I stay?" I didn't even think in my own heart. I started looking for places for her to stay. I said, "I don't know where you can stay." It's just incredible. I felt her presence. It was the same presence. I felt her come here and move through this circle. And it made me really happy because I wasn't sure whether I was going to feel it or not. And an unexpected thing happened. First, the Indian, Anaka, appeared - came in. I haven't told the

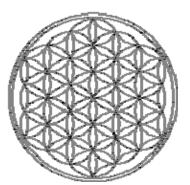
whole story before of when we got this land [the conference centre land]. I had to go to a place here and find the dimensional portal where there were a bunch of Indians. When I found the portal, I went in and made prayers and connected with Anaka. The first thing he said to me was, "Thank God you're here. I need you to open up the elementals so all of the spirit life and nature can be released. It is all trapped." I didn't fully understand what he meant right then. I really understand now. So I came here and this is why I've been here for all these thousand years. This is it.

Anaka actually went to every one of you. I don't know how many of you felt it, but he actually honoured every one of you. He just honoured you and while he was doing that, this child face looked out of the crystal and looked around the room and then came out like a spirit and then another one and another one. All these innocent little spirits began to move around the room. There were lots of them. Baby spirits. They were everywhere. They were so beautiful and they kept coming out faster and faster. There was a flow of light. When I saw it I realized that this is everywhere. I saw it all over the world - these same baby spirits were coming out all over the world.

Anaka was the chief that was buried on this property. He has remained here as a spirit, a discarnate spirit for almost 3,000 years, waiting for us to come here. He says that his son left here and the seed from his son became the Anasasi. At one point he came back here and died here because this was a feminine and very sacred place. There are over one hundred Anasasi and pre-Anasasi women buried on the other side of the hill. There has been sequence after sequence of events occurring. I realize now that there is a doorway where we are rapidly completing what he has been waiting for 3,000 years. This is good! This is really good! GOOOOD! The word God did come from the word "Good" in German. I just read about that. Remember, Mother Earth owns us. That's the deep belief of the Aborigines and all 555 American Indian tribes.

[The following morning the Flower of Life office received a fax from someone who participated in the FOL workshop with Drunvalo in Japan, saying that their group was meditating at the same exact time we were in Arizona and doing the same exact thing. The net result is that Amaterasu is gaining strength and that her re-emergence is going to be felt, not just in Japan but all over the world.]

Consider to visit also the Flower of Life Homepage and www.earthtransitions.com



FLOWER OF LIFE (SACRED GEOMETRY)

written by **Diverse Authors** Posted Tue, 28-Jun-1994 22:02:39 GMT

The Flower of Life information was/is presented in a several day workshop called the "Flower of Life". A wonderful and remarkable fellow named Drunvalo Melchizedek created and originally gave the workshop.

The Flower of Life is a compilation of many teachings, ancient and modern, that encourage and support each person to find their unique connection with source. The focus is integration, wholeness, self responsibility, unity and loving acceptance of all life. It's about bridging the gap of unconsciousness with love, compassion and understanding.

The workshop is organized and presented in a specific progression of information and experience designed to dispel the illusions of isolation and separation, by revealing the interconnectedness of all things.

During the workshop participants are guided through a meditation using breath, visualization, mudras (hand positions) and a deep feeling of love, to re-establish specific energy fields around the physical body. These fields provide a vehicle (known as the MerKaBa) which allow us to move consciously from third to fourth dimensional experience and beyond.

The Workshop:

- Supports us in remembering more of who we are, where we came from and why we're on Earth at this pivotal time.
- Teaches us a meditation that supports conscious movement from third to fourth dimensional experience and beyond.
- Shares knowledge, ancient and modern that provides an opportunity for balance between the left and right brain.
- Encourages self responsibility, integrity, compassion and love for all life.

Topics:

- Sacred Geometry
- Our Connections to Whales and Dolphins
- Ancient Egyptian Mystery School Teaching (Right Eye of Horus)
- Connecting with Higher Self
- Our Changing Ecology
- Earth History
- UFO's

For further information visit the FOL Homepage direct.

Evidently, he is not longer personally doing the seminar but has trained several people to be facilitators of the instructions. Fortunately, the workshop is preserved on videotape. Thus the people doing the workshop have the FOL material presented by Drunvalo via video. I believe it is about 45 hours of tape over several days.

Five Phases of Chromosome Pairs & Flowers of Life

According to the Flower of Life (Sacred Geometry) information, there are actually 5 chromosome pair phases of consciousness.. Each pair set represents a different level of consciousness capacity challenge, ability and so forth. There is a whole tie in with genetic codes and waveform lengths and what is possible at a given waveform and the sacred geometry "structures" that support and give rise to these chromosome pairs.

42+2 (3 - 5 ft, 0.9-1.5 m tall beings) 44+2 (5 - 7 ft, 1.5-2.1 m) 46+2 (10-16 ft, 3.0-4.8 m) 48+2 (35-40 ft, 10 - 12 m) 50+2 (50-60 ft, 15 - 18 m)

Evidentially beings at these different stages have all lived here on the Earth as we commonly know it. The FOL instructions go on to say that the Earth is 'happening' at many different levels (differing waveform lengths) and many beings and cultures exist at these different levels.

Many of the older cultures have legends of the 'giants' and the 'gods'. Apparently there are a few remaining tribes of the 42+2 beings such as the Aboriginals and certain other remote tribes. The Bible in genesis talks of the "and there were giants in the earth in those days". There are many statues in Egypt that are, according to the Flower of Life data, real size representations of these "gods" and beings., including some of those 50 foot guys.

Peace, Happiness, Joy, & Love

Charlie Ross, ross@alc.com

Consciousness and the Grids

(3D = third dimension and 4D = fourth dimension)

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50+2 (50-60 tt, 15 - 18 m) Associated with each conscious awareness on this planet is an electromagnetic grid, which interacts with the Earth's magnetic field in some way to hold the collective consciousness of a species. Humans can exist in three versions, those having 42+2 chromosomes, 44+2, and 46+2. Each type of being has its own consciousness grid and collective consciousness. Beings with 42+2 chromosomes (Australian aboriginals and some African tribes) were originally in dreamtime, a 3D version of unity consciousness. We have 44+2 chromosomes and are at a disharmonic level of evolution, one of individuation in 3D. We have our own grid and collective consciousness. Christ consciousness entities have 46+2 chromosomes and exist in 4D in another unity state, and they too have their own grid and collective consciousness. This is a state where all beings are linked through group memory yet retain their individual awareness. Their thoughts manifest instantly.

Glenda M Stocks <snet@world.std.com>

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THE ORDER OF MELCHIZEDEK

written by Diverse Authors

Posted Tue, 4-Mar-1997 23:19:43 GMT

March 1994 from Program of Conclave of Michael in Banff, Alberta on March 24 - 27 1994

A sacred and divine name that speaks of a theme that is timeless. Melchizedek is not necessarily just the name of an individual who once lived upon Earth as many may presume. It is also the name of the cosmic priesthood that exists through every dimension upon every sacred planet. In ancient days Melchizedek temples were set up for the purpose of teaching dedicated initiates how to unfold their spiritual gifts so they in turn could help their brothers and sisters to freedom. The Melchizedek Priesthood comes in many forms. All of your favorite Ascended Masters and Gurus are each Melchizedeks in their own right. No matter what ideology or religion, every saint, sage, guru and master must go through the Melchizedek initiations, whether in a temple or in the inner planes.

Even today, many secret priesthoods continue, holding to the cosmic laws, to their own inner vision and sacred purpose. The power of the Melchizedek remains in the etheric retreats and in the subterranean cities, nurtured and guarded until the time when the outer temples can again be re-established. The time for the Melchizedek to reawaken is NOW! As each of us recognizes our mission and reclaims our personal power this will become a reality. Touching every corner of the globe and reaching every aspect of planetary society, those who serve the Melchizedek will be a healing balm to the ills of humanity.

If we search our hearts it is easy to remember a lifetime in which we served in the temples of the great civilizations now past. A lifetime dedicated to reaching the human potential of transforming ourselves from Human to Godman. By consciously choosing to be initiated into the various levels of the Melchizedek, we humbly take the first step to return to that state of being.

With all aspects, the Order of Melchizedek follows the guidelines of sacred geometries. The number twelve is a pivotal number within sacred geometries. So in keeping with this format there are twelve echelons of initiation or mastery in the Melchizedek. And within those twelve echelons there are twelve levels that make up one echelon. Each level carries with it certain tests and initiations for personal growth that relate to a specific echelon. To pass through and complete even one echelon can take an initiate years upon years of study and internal growth towards their own mastery. When you have completed all twelve echelons with their perspective twelve levels, you will be a Master!

At this time of re-emergence for the Melchizedek on the planet only specific levels are available to be formally initiated into. Take heart dear soul, this is due to the timetable of initiation that the earth herself is passing through. As each new phase of accelerated growth for the planet takes place, another level is made available to us. As of 1994 the first echelon with all its twelve levels, and the first three levels of the second echelon are open to us.

The entire first echelon is called the "Clarion Call" -the call to the heart. It bears witness to the large number of souls awakening at this time to bring forth the fruit of man's potential. Levels one through six in this echelon are for those who "get" that there is something to this spiritual awakening process within them. These individuals have committed to looking further within themselves for more. Levels six through nine recognize the power of the clarion call and what it truly means. These neophytes commit themselves entirely in service to the clarion call for humanity. Levels nine through twelve know there is no turning back. These initiates completely dedicate their lives to fulfilling their potential of becoming "Godman" or an Ascended Master.

Echelon two is as they say "another ball of wax entirely". The first three levels that are presently available to be initiated into are guaranteed to bring up all your survival issues. The first level is called The Gate. This initiation will bring up all your demons that your thoughts and emotions subconsciously create. The second level is called the Red Feather of Courage. To be initiated into this level you must have the courage and be willing to stand firm in service for God. Expect to be shunned, ignored, and ridiculed for your good deeds. The third level is called the Floor of Malkuth. Here you must symbolically be able to stand equally on the black tiles as the white. What this means is that the

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initiate must so profoundly master their thoughts and emotions, all levels of good and bad or evil become equalized and divine. Again, in this initiation you can expect all illusions of what you believe to be bad will manifest in your life to be re-qualified. To pass this level, you will need to see only good, at all times.

The Hierarchy has asked us to express that within a year or so the fourth level of the second echelon will open. This level will require mastery of developed psychic skills, and proof of telepathic attunement with the elemental kingdom. If we are in complete communion with the elements, we will create heaven on Earth.

The timing for God's divine plan to unfold is upon us. Know that you are needed in your full glory, in your fully mastered state, in service to the greater plan of peace and harmony. Melchizedeks from every nation, race and religion shall lead the way for a better tomorrow and a birthing of the "Golden Age of Man".

Another View on Order of Melchizedek

William Uriel Andros (aka Zorokothera Melchizedek)

Melchizedek and the Order of Melchizedek are being talked about more and more in various spiritual circles so here is my understanding of what they are about.

In the larger cosmic sense, the Order of Melchizedek has no "name" as such because it is identified by its work and dedication. It is composed of evolved beings who have dedicated themselves to the work of promoting spiritual growth wherever that is possible. It is the true Spiritual Priesthood. In a certain sense it constitutes a special part of the spiritual hierarchy that is a thing unto itself and even has certain dimensional areas that are exclusive to its members.

The spirit that has come to be known as Melchizedek came to the Earth before it was truly formed, while the nature of this experiment was still being shaped by the Elohim, those beings who had taken it upon themselves to attempt a new and daring attempt at combining free will and spiritual awareness. When spirits began to descend into physical bodies, beginning with that society we call Lemuria, the spirit of Melchizedek began to incarnate and offer guidance to these beings. As the experience of Lemuria reached an end and it was necessary to descend further into the physical, what we know as Atlantis began and Melchizedek's work shifted to that area.

The violent end of Atlantis caused a serious disruption in the natural descent and plunged humanity deep into the physical without any conscious connection to its spiritual nature. This situation called for some sort of drastic action. The spirit of Melchizedek finally arrived at a plan to restore self-aware spiritual growth and with the help of many other advanced spiritual beings the Egyptian mystery schools were established. The goal of these schools was to elevate individuals into that awareness that has come to be known as Christ Consciousness. Some of those achieving Christ Consciousness stayed in Egypt to carry on the work there, others went off to Salem to work with Melchizedek in founding a community of Christ Conscious beings. (Note that this Salem is not the town that grew into Jerusalem but a centre in the Caucasus mountains, from which other teachers have come.)

So the name of the Order derives from this historical Melchizedek, the Old Testament personage described as the "king of Salem" and "priest of the most high God" who met with Abraham as he returned from his battles. (Genesis 14) Melchizedek received Abraham's tithes and gave him bread and wine, foreshadowing the communion established by Jesus. Paul speaks about Melchizedek at some length in Chapters 5-7 of his Epistle to the Hebrews, and justifies Jesus' priesthood on the grounds that it is like that of Melchizedek.

Over the centuries these teachings surfaced from time to time - in the writings of some of the gnostics, and in the Masonic, Rosicrucian and other mystery schools of the Renaissance. It should be noted that the Order is concerned with every aspect of spiritual evolution and this includes the social environment, as that is quite relevant to the attempt to grow spiritually. Throughout history the Order has been involved with changes in the social structure and it was particularly during the late Renaissance that many members of the Order became involved in the political upheavals taking place in Europe. That involvement continues to this day.

But for all its involvement with human affairs, the Order has for the last 4000 years been a shadowy presence at best. While members were involved with establishing various organizations for manifold purposes the Order itself was never a public organization. But at this time, as humanity approaches a vital cusp in determining whether it will make a vital leap in its ascension out of the gross physical, it was deemed necessary that the teachings of the priesthood begin to be made more open.

Since I have mentioned members of the Order, I should say something about how one becomes a member. The biggest requirement is sincere dedication to the spiritual work here on Earth. That makes one a "fellow traveller" in the work of the Order, but not an actual member. A rather simple ceremony of sanctification brings one into the lower work of the Order and qualifies one to minister to the spiritual needs of others. A fellow named Dan Chesbro has brought thousands of people into this vibration. I do not know Mr. Chesbro (at least in this lifetime!) but I am grateful for his work.

Consecration into the actual Priesthood is very serious business as it requires total dedication to the work of the Priesthood above and beyond personal concerns. It is not to be taken lightly, as the seals of the Priesthood are placed on the spirit itself. Because the seals are placed directly on the spirit it is normally the case that the spirit remains forever in the priesthood.

A prime involvement of the priesthood, still, is promoting Christ Consciousness, which could be defined as having a fully opened heart chakra and centring one's being there rather than in the lower chakras. Once Christ Consciousness is achieved the individual stands on the threshold of possibilities that include viewing the breadth and width of universes around us, being able to stand outside space and time to view the realities of existence from that perspective.

I have been rather reluctant to talk about my own role in all of this except with those I've worked with closely over the years. It has become obvious that I must accept that the time has come to drop that reticence and accept a more public work by being open about the fact that I am an incarnation of that spirit of Melchizedek. That does not mean that I have all the knowledge and power of that spirit at my beck and call - quite the opposite, in fact. It means that I am at the total service of that spirit and must do whatever it requires of me - such as writing this explanation of its work, which I have been hesitant to do.

A prime direction I've received from that spirit - my spirit - is to establish a community where that focus on spiritual growth can be paramount. It has taken many years of personal growth to be able to enter into this work, but it has now begun and it is a very radical community indeed. It's primary purpose is to attract individuals drawn to higher consciousness and assist them in achieving it, but the means I've been told to adopt are difficult enough to weed out the insincere and challenging enough to make it interesting.

William Uriel Andros (aka Zorokothera Melchizedek) Melchizedk@AOL.COM

P.S.: There are various spiritual teachers who have adopted the name Melchizedek but who say they have nothing to do with the Order of Melchizedek. It's my personal opinion that's a little like saying you're the Pope but not a member of the Catholic Church.

• Keys of Enoch Introduction (J.J. Hurtak)

• The Urantia Book () Very comprehensive book (2000 pages) online

Melchizedek List ()
Mailing-list on Melchizedek Order

Addenum

If you feel connected, there are some local groups formed world-wide promoting Melchizedek Order, contact katdek@nor.com.au (Kat), a representative of the Melchizedek Light Bulletin (Melchizedek School of Light, authorised by Ancient Order of Melchizedek in conjunction with the Universe Schools), put "MELCHIZEDEK" in the subject line of your email-posting.

Like the Ashtar-Command or other groups, the Melchizedek Order is a group of beings, whose members are called to remember who they are, remember who you are. The names either *Melchizedek Order, Ashtar-Command*, or certain angelical inclined groups do not matter, what is important behind those names is, if you remember what you want to do here, on this life, on this planet.

Many have agendas, missions, and you are drawn to those who you know within yourself, and some even re-organized themselves on this plane again too. -- webmaster@spiritweb.org

QUESTIONS ABOUT THE FIRST FOURTEEN BREATHS OF THE MER-KA-BA MEDITATION

10/4/98

The question has come up as to whether the first fourteen breaths of the Mer-Ka-Ba meditation are still necessary. It seems that there is a misunderstanding.

Yes, until your Mer-Ka-Ba becomes permanent, the first fourteen breaths are still necessary. Let me explain.

When you first begin breathing in the ancient way, it is necessary to go through the first 14 breaths until you are ready to activate your Mer-Ka-Ba. Then, to activate the Mer-Ka-Ba, you go through all 17 breaths.

Eventually, however, the Mer-Ka-Ba field becomes permanent -- a natural part of your human energy field (we did not talk about this on the original videos). So the continual repetition of the first 17 breaths is necessary to allow the Mer-Ka-Ba field to become permanent.

When your Mer-Ka-Ba field becomes permanent, then it is no longer necessary to move through the 17 steps of the meditation. You simply wake up in the morning, take a single breath, and remember your Mer-Ka-Ba, which is always present once it becomes permanent. The trick is to know when your field is permanent.

How will I know when my Mer-Ka-Ba field becomes permanent?

You can ask your Higher Self, if you are able to. One of the signs of a permanent field is that you will be aware of the Mer-Ka-Ba a great deal of your waking time. Each of us is aware of our bodies when we are awake. But there are times when you forget you have one -- for example, when you are totally engrossed in a good movie. And there are times when you are simply deep in thought. But as a rule, you remember your body a great deal of the waking time. If you remember your Mer-Ka-Ba about on that level, you almost for sure have a permanent field and do not need to do the 17 steps of the Mer-Ka-Ba each day.

If you believe that your field is permanent, but are not sure, you can stop the meditation and wait two days. On the third day, check to see if it is still there; if it is, yours is permanent. If, however, you completely forget about your Mer-Ka-Ba for, let's say, three weeks, and then one day you suddenly remember it, you were just fooling yourself if you thought it was permanent. When your Mer-Ka-Ba is permanent, you remember it most of the time.

This process of activating the Mer-Ka-Ba used to take many years. But with the rising Earth consciousness, the time frame is becoming shorter and shorter. There are people all over the world now who are simply "remembering" their Mer-Ka-Bas without going to any workshops or listening to a single teaching (although most of them are indigenous and native peoples). This is our prayer: that the people of the Earth will simply remember their connection to God, and the Earth will unite in the knowingness that God is present.

Understand that the Mer-Ka-Ba is a living field of energy. When activated, it is alive, just as you are. It is not a mechanism or a machine. And so it requires true love and real feelings to become alive. Eventually all living things grow to become strong, and your Mer-Ka-Ba is no different.

In Love and Service, Drunvalo

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ORDER OF MELCHIZEDEK

The question has come from many of you if it is true that four of the five Melchizedeks on Earth at this time are: Haridas, Sheckenah, Drunvalo and Machiventa (They spelled it Marchivenda). This is being distributed in various ways by a man named Gary Smith.

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From what Machiventa himself has told me, this is not completely true. Haridas and Sheckenah are not directly from the Melchizedek consciousness this time around. In addition, Alton Melchizedek from Australia is also not from the Melchizedek consciousness.

However, everyone is from the Melchizedek consciousness ultimately. It is the direct connection and source to God. But please understand, this does not mean that what these men have to offer humanity is not worthy or important. You must make that decision.

All of the Melchizedeks on Earth work through ALPHA & OMEGA, ORDER OF MELCHIZEDEK, the first order of the Great White Brotherhood. And to clarify the word "Brotherhood", there are both male and female members. Gender has nothing to do with this work. There are 72 orders in the GWB, the last or omega order is THE ORDER (BROTHERHOOD) OF THE SEVEN RAYS in Peru and Bolivia. Their work is mostly 4th dimensional.

There is also the Melchizedek priesthood. This part of the order is enormous. I am not sure of the exact number of Melchizedek priests in the world, but it could be in the hundreds of thousands. There are both male and female priests. They will be found in every country of the world.

Each order emerges on the 3rd dimension of Earth's consciousness with a specific wavelength. They stay visible and disappear into another dimension at regular intervals depending of the wavelength that they are working with. The ROSICRUSIANS, for example, emerge of the surface of the Earth for exactly 100 years, and then disappear for 100 years, and then return again for 100 years, etc. Each order has a different timing.

All 72 orders, though independent, work for the greater good of the Earth and specifically for the last 13,000 years, to construct the Christ Grid or Unity Grid around the Earth, which is now finished, and ready for us to make a consciousness change.

There are five Melchizedeks here on Earth at this time, but only two of them are in the 3rd dimension. Two of them are in the 4th dimension of the Earth's consciousness, and they are twins both female. And one of them, Machiventa, can be in either dimension depending on purpose. I am not allowed to give their names at this time.

Machiventa, of course, is definitely functioning directly through Melchizedek consciousness and has been here on Earth for over 200,000 years.

I hope this answers some of your questions about ALPHA & OMEGA, THE ORDER OF MELCHIZEDEK.

In Love and Service, Drunvalo

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DRUNVALO MELCHIZEDEK TEACHER AND FOUNDER OF THE FLOWER OF LIFE WORKSHOPS

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I majored in physics and minored in mathematics at the University of California at Berkeley until I was just about to receive my diploma. I only needed one more quarter to graduate. I decided I didn't want the degree because I discovered something about physicists themselves that turned me off to the idea of becoming involved in a science that I realized was no science at all. This in itself could be a book, but the 'why' of it is related to the same subject that we talk about with archaeologists. Physicists, just like archaeologists, will turn their heads to the Truth if it means too much of a change too fast. Perhaps the real truth is that this is human nature. So I switched to the other side of my brain and started majoring in fine arts. My counsellors thought I was nuts. "You're going to give up a physics degree?" they asked. But I didn't need it, didn't want it. Then to graduate I had to go for two more years majoring in fine arts. Finally, I was in my last quarter before getting my degree in fine arts, thinking "I don't know if I can do this. I'm so tired. I just can hardly handle this."

Then Kent State happened. The whole school system across the United States closed down, and they gave all the students straight Bs and let them go. So I got my fine arts degree without having to finish the last little bit.

My changing majors makes sense now, because when you study the ancient writings, you find out that the people of the time perceived art, science and religion as being interwoven, interconnected. So the programming that I was putting myself through was appropriate for what I'm doing now.

MOVING TO CANADA

I got my degree in 1970. Then, after being in Viet Nam and looking at what was happening in our country at that time, I finally said, "I've had it! This is it! I don't know how long I'm going to live or what's going to happen, but I'm just going to be happy and do what I've always wanted to do." And I decided to get away from everything and go live in the mountains, like I had always wanted to do.

So I left the United States and went to Canada, not knowing there would be ten of thousands of Vietnam war protesters following me a year later. I married a woman named Renee and the two of us went way back into the middle of nowhere, and found a little house on a lake called Kootenay Lake. We were a long way away from anything. You had to walk four miles from the nearest road to get to my house. So we were really isolated. And I began to live my life exactly like I had always wanted to live. I had always wanted to see if I could live on nothing; so I gave it a try.

It was a little scary at first, but it got easier as time went on, and pretty soon I became adept at natural living. I lived a wonderful and full life

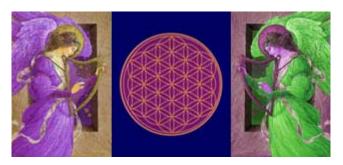
on basically no money. After a while I realized, hey, this is a lot easier than holding a job in a city! I only had to work hard for about three hours a day, then I had the rest of the time off. It was great. I could play music and run around and have a good ol' time. And that's exactly what I did. I had fun. I played music about ten hours a day, with lots of friends who came from miles around. Our place had gained quite a reputation by then. An average of about eleven people per day showed up to play music and enjoy - and we just had fun.

And in this act, which is very important to my understanding now, I discovered something about myself. It was from this - returning to my inner child is how I phrase it these days - that my inner child was released, and in that releasing, something happened to me, which was the catalyst that led into my life as it is today.

MEETING THE ANGELS

While in Vancouver, my wife and I decided we wanted to know about meditation, so we started studying with a Hindu teacher who lived in the area. We were very serious in wanting to understand what meditation was about. We had made white silk robes with hoods and were very serious about this new endeavour we had begun.

Then, one day, after practicing meditation for about four or five months, two tall angels about ten feet high appeared in our room! They were right there.



One was green and one was purple. We could see through their transparent bodies, but they were definitely there. We did not expect this appearance to take place. We were just following the instructions that our Hindu teacher was giving us. I don't believe he fully understood as he kept asking us many questions and he didn't seem to understand either. From that moment on, my life was never the same. It wasn't even close.

The first words the angels said were, "We are you." I had no idea what they meant. I said, "You're me?" Then, slowly they began to teach me various things about myself and the world, and about the nature of consciousness . . . until finally my heart just completely opened to them. I could feel tremendous love from them which totally changed my life.

Over a period of many years, they led me to about seventy different teachers. They would actually tell me the address and the phone number of the teacher I was to go see. They would tell me either to call first or just show up at his or her house. So I would do this - and it would always be the right person! Then I would be instructed to stay with that person for a certain length of time.

Sometimes, right in the middle of a particular teaching, the angels would say, "Okay, you're done. Leave." I remember when they sent me to Ram Dass. I hung out in his house for about three days wondering what the heck I was doing there; then one day I went to touch him on the shoulder to say something and I got a zap that practically knocked me on the floor. And that was it - the angels said, "That's it. "You can leave now." And I said, "Okay." Ram Dass and I became friends, but whatever I was supposed to learn from him was over within that one second.

The teachings of Neem Karoli Baba, Ram Dass's teacher, are very important to me. It was his belief that "the best form to see God is in every form". I've also been exposed to Yogananda's work and cherish who he was. And later we'll be talking about Sri Yukteswar and some of his work. I've been intensely involved in almost all the major religions. I've resisted the Sikhs, because I do not believe that military preparation is necessary, but I've studied and practiced almost all the rest of them, Muslim, Jewish, Christian, Hindu, Tibetan Buddhist. I've deeply studied Taoism & Sufism - spent eleven years with Sufism. Through all this, the most powerful teachers for me, however, have been the Native American Indians. It was the Indians who opened the doorway for all my spiritual growth to take place. They've been a very powerful influence in my life.

All the world's religions are speaking of the same Reality. They have different words, different concepts and ideas, but there's really only one Reality, and there's only one Spirit moving through all life. There might be different techniques to get there, but there's only what is real, and when you're there you know it. Whatever you want to call it - you can give it different names - it's all the same thing.

An online magazine from Drunvalo as well as articles and a schedule of events for his personal appearances may be found at:

www.spiritofmaat.com

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CHILDREN OF THE NEW DREAM

written by **Diane Cooper / Drunvalo Melchizedek** Posted Mon, 19-Jul-1999 19:14:13 GMT

Interview with Drunvalo Melchizedek By Diane Cooper

This is a telephone interview which took place just prior to Drunvalo's travels to Europe in March 1999. Because Drunvalo was excited about so many things we chose to focus on one of Drunvalo's favourite subjects...children.

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Diane: So Drunvalo...who are these "Children of the New Dream" that you are so excited about?

Drunvalo: Well there are 3 different kinds of children emerging in the world today that I have been able to identify. The first are called the "Super Psychic Children of China". The second are called the "Indigo Children" and the third are called the "Children of AIDS". The first one, the "Super Psychics of China", we talked about in the Flower of Life seminars. If you remember, the first one was discovered in 1984 when a child was found who was psychic beyond belief. Researchers conducted every psychic test you could imagine and he was 100% correct every time. You could turn cards over in another room and that didn't matter. He could perfectly know what was on the card. So Omni magazine went to China and wrote an article on this discovery. They found one child and then another. When they went in 1984 they assumed it was a hoax so they did experiments like putting 100 kids in a room and taking a book and randomly pulling out a page. They would crumple it up and stick it under their arm. These kids could read every word on the page. They did test after test, and the response was flawless. The phenomena didn't stop there. These kids are not just in China. They have spread all over the world. I personally have been talking to parents who ask me, ...what do we do.. I have a kid who knows everything?" I believe Lee Carroll is calling the children being born here in the U.S. "the Indigo Children". I personally think the two groups are coming from the same source, however, I don't know that for sure. There appears to be two separate groups, incredibly psychic and amazing. It is the third group that I am most interested in - the Children of AIDS. About 10 or 11 years ago in the US, there was a baby born with AIDS. They tested him at birth and at 6 months and he tested positive for AIDS. They tested him a year later and he still tested positive. Then they didn't test him again until he was 6, and what was amazing is that this test showed that he was completely AIDS free! In fact, there was no trace that he ever had AIDS or HIV whatsoever! He was taken to UCLA to see what was going on and those tests showed that he didn't have normal human DNA. In the human DNA we have 4 nucleic acids that combine in sets of 3 producing 64 different patterns that are called codons. Human DNA all over the world always has 20 of these codons turned on and the rest of them are turned off, except for 3 which are the stop and start codes, much like a computer. Science always assumed that the ones that were turned off were old programs from our past. I've always seen them like application programs in a computer. Anyway...this boy had 24 codons turned on -4 more than any other human being. Then they tested this kid to see how strong his immune system was. They took a very lethal dose of AIDS in a petri dish and mixed it with some of his cells and his cells remained completely unaffected. They kept raising the lethalness of the composition - and finally went up to 3,000 times more than what was necessary to infect a human being and his cells stayed completely disease free. Then they started testing his blood with other things like cancer and discovered that this kid was immune to everything! Then they found another kid with these codons turned on - then another one - then another one - then 10,000, then 100,000, then a million of them - and at this point, UCLA, by watching world-wide DNA testing, estimates that 1% of the world has this new DNA. That breaks down to approximately 60 million people who are not human by the old criteria.

Diane: Is this new codon activation found only in newborn children?

Drunvalo: Well, it's mostly children, but now they are finding adults with it too - just like the hundredth monkey theory. Now all kinds of people are being affected by it and it's spreading fast. Remember, it started just 5 years ago with almost no one and now it's spreading - just like a disease. It's like an outbreak and this is only the beginning. The other part of this concerns the new book entitled "Cracking the Bible Code" which has to do with running the Hebrew Books of the Bible through a specialized computer program. If you go to page 164 of this book, it shows where these researchers put the word 'AIDS' into the program to see what would happen. When they did, the program translation provided words like "HIV", "in the blood", "the immune system", "death" - all the things you would think you'd see around the word AIDS, but down in the corner was this sentence that they didn't understand and it said - "the end of disease", and that is what I believe is happening here. Science has stated that there are so many people showing up with this new alien DNA that they now believe that a new human race is being born on the earth today and apparently they can't get sick. Now what is really incredible - they believe that it is a very specific emotional, mental body response - a waveform coming off the body that is causing the DNA to mutate in a certain way. I've sat with Gregg Braden who was one of the first persons to write about this and what we believe is that there are 3 parts to this phenomenon. The first part is the mind that sees unity. It sees the Flower of Life. It sees everything interconnected in all ways. It doesn't see anything as separate. And the second part is being centred in the heart - to be loving. And the third thing is to step out of polarity - to no longer judge the world. As long as we are judging the world as good or bad, then we are inside polarity and remain the fallen state. I believe these people (with the new DNA) have somehow stepped out of judging and are in a state where they see everything as one and feeling Love. Whatever they are doing within themselves is producing a waveform that when seen on computer screens looks almost identical to the DNA molecule. So the researchers think that by the very expression of their life that these people are mapping with the DNA - resonating it - and are changing these 4 codons and in so doing become immune to the disease. What they don't know and this is where a lot of research gets to happen - is so maybe they are immune, but is there anything else? They might be immortal, who knows. Maybe there are other characteristics that we haven't even dreamed of. I often wonder if they are all linked together? Is there some form of telepathic connection that goes on?

Diane: Have you met any of these people? Are they accessible?

Drunvalo: Well, I've known about this for over two years and I have personally followed this path and I think I've moved into what they are doing. I have gone into the merkabah and asked my subconscious mind to change my codons in the same way and ever since I began to do this over two years ago, I haven't been able to get sick. I don't know if I've been able to change them or not. I guess the only way I'd know is with a DNA test. However, I've been exposed to all kinds of things and when someone gets sick I purposely get close to them and try to get it. I've been trying to get sick - and I can't. I feel something come on - it will last maybe an hour and then it's gone. What is interesting is that hardly any of this new DNA is found in the Super Psychic Children of China - almost zero. It is, however, being found in Russia and the U.S. There seems to be pockets of it and if what we are thinking is right - it has to do with a very specific response which is where most people in the New Age are headed for.

Diane: Do you think these people are creating the DNA changes unconsciously?

Drunvalo: I think someone has made the path - one child did it somewhere. Then he put it into the grids and it is now in the subconscious of the earth and is accessible to anyone. Once that happened I think somehow or another other people have connected to this on a subconscious level in deep meditation and prayer and made the change. A new race is being born and it is one of the most remarkable phenomenon that has happened on the planet! It's incredible that no one seems to know about this until now!

Diane: Well, you are the only one I've ever heard speak about this.

Drunvalo: Well, I've been tracking this for about 2 years and I've waited to say anything because I wanted to make sure it was real. In the book called "The Indigo Children" there has been extensive research on these children. There are websites you can go to if you're a parent where they begin to interview you about exactly what's going on with your child. Like I said earlier, these kids know exactly what you're feeling and what you're thinking. You can't hide anything from them. It's really amazing! I see it as a phenomenon like the ET's except they aren't coming here in spaceship form - they are coming here in spirit form making it personal by coming into the earth's evolutionary cycle and joining with us. I've often thought that when spirits come in on the right side of the planet - Japan, China, and Tibet for instance, the incarnating being

takes on the psychic characteristics (of those people), and if they come in on the western side - the logical side (i.e., physical characteristics) - then the DNA comes in changed. But that's just speculation on my part. I'm just looking at this and trying to understand what is occurring. At the workshops I'm going to do in Seattle and Denver in June, I'm going to bring everything I've learned together and teach people to actually access this and make the change. I think I know - or I'm very close.

Diane: And that has to do with putting yourself in a certain state of consciousness?

Drunvalo: Yes, a very specific state of consciousness produces a change in your DNA - and I think it's just the beginning of much more than that. The fact that it could be the end of disease is just a tiny bit of the total picture.

Diane: How would this particular kind of work and discovery affect the DNA activation work that seems to be popping up all over?

Drunvalo: Well, if you know your light body and you know how psychic energy works and if you understand the connection of the subconscious to all life on this planet, then you can go in and ask your subconscious. Your subconscious knows exactly which codons those kids have changed and if you ask for those things to happen through your light body and in the presence of God, it should occur. It also requires dropping polarity - no longer thinking in terms of good or bad, but seeing the wholeness and completion and perfection of life. It is a very definite mind, emotional and body response. The body response is the one where your body simply does not acknowledge good or bad, but sees that there is a higher purpose behind it all. We all know this stuff - everyone from Jesus to Krishna to Sai Baba has been talking about this for a long time, but this is the first I'm aware of where something actually is changing in the outer environment. People's DNA is really changing. Barbara Marciniak talked about going to the 12-strand DNA, and I've talked about chromosome changes. There have been many of us who have talked about this - but none of this had been seen by science. Now it has been seen and it has been documented.

Diane: So, if that's the case, then what significance does that have on our lives today?

Drunvalo: I believe that all of us have the choice to follow this particular pattern that the children have set up or not. It is said that the children will lead the way. If we wish to and we trust these children, as I do - one of the side effects is the immunity to disease.

Diane: There are a lot of us who are choosing immortality. However, some

people would say that to be immune to disease is also to upset the life/death cycle which has supposedly helped to keep the planet in balance. How would you answer that?

Drunvalo: Well, I just don't judge it. This is happening and if it is going to upset the cycle and it probably will in some way - everything that is occurring in life has a reason and purpose for it. Perhaps these people who don't get sick anymore - perhaps they won't even die anymore and maybe their consciousness is so aligned with the original purpose of earth that ultimately it would mean an earth that is whole and complete and not one that is polluted and deadly and over taxed. We could easily live with 6 billion people or 20 billion...if...we live differently. There is plenty of space and it's just that we are using our resources in ways that are killing the planet. If we were to choose to live in different ways, that might change. Maybe through these people the answers might become apparent. For someone to move into a state where they are immune to disease is a very powerful indication that they are definitely in harmony with life somehow. We can equate this process with the mutation of bacteria and viruses. We attack their systems with pollutants such as penicillin for instance, and it kills them all except for a few. Those few get stronger. Now what's happening is that these bacteria are getting to the place where they are immune to the poisons we are giving them. And have we not done the same thing? We are mutating to a point where we are not affected by pollution or viruses or by disease. And you know, there is another thing that happened last year - AIDS dropped something like 47% - the largest drop of a single disease in the history of the world. I believe that it had a lot to do with this very thing we are talking about.

Diane: That's exciting!

Drunvalo: Yes, it is. I just let the earth prompt me where to go. Of course, it is important to know our light bodies and how to use them, but the children are very carefully saying - come this way - and see where this leads.

Diane: So is this what your future workshops will be focused on?

Drunvalo: Yes. I will be putting everything I've learned in the last two years from my research and the Earth/Sky work, into a simple response where anyone can move into the place that the children accessed. I'll do my best!

-- In Eternal Love & Light...

Drunvalo's homepage can be accessed from http://www.floweroflife.org/ "The past is not a reference point for what is possible now."

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AN OPEN LETTER TO THE FACILITATORS, GRADUATES AND FRIENDS OF THE FLOWER OF LIFE

by Drunvalo Melchizedek

October 2002

Once again changes within the Flower of Life Organization necessitate my writing to all of you involved in the Flower of Life work and the Mer-Ka-Ba meditation. I realize that the demands of Life at this time in history are extreme, and I further acknowledge that you, the people who are using the Mer-Ka-Ba light body in your daily lives are responsible for significant positive changes in the world by the lives you are living.

I wish to thank you for your dedication to Great Spirit and by writing this letter, I hope to unify our group to an even stronger level of commitment and integrity.

In the past there were Flower of Life Facilitators who believed that the FOL Organization was not necessary and wanted to go their own way. And so on January 1st 2002, it was allowed, as a one time option and privilege, that a trained certified FOL facilitator of the Original Long Format Workshop (only) could continue to teach the Flower of Life information using the old long version tapes as their format or with no format at all, without being connected directly with the Flower of Life organization. This was a privilege that I was giving them. About six facilitators out of several hundred that have been trained chose that option.

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Since that time serious problems have developed from some of these independent facilitators and new changes are now being put into place. Two of these six independent facilitators have decided to extend their privilege to include training new facilitators or "their own teachers" to teach the Flower of Life. This was never part of the privilege. The privilege was only to continue teaching the Flower of Life (although they could not use any of the official FOL advertising or workshop materials besides the old long version tapes.)

This must come to an end as these independent facilitators were never trained to train other teachers. We have no way of knowing if these people who are being trained actually know what they are teaching. It has taken a great deal of time and energy to develop an official teaching program, and I feel certain that these independent facilitators do not have that expertise.

Further, there is one independent facilitator who is working out of South America who is not suppose to be working there. Why? Because it was determined in the beginning that Latin America, from Mexico to the tip of South America was to be excluded from this privilege option. Simply because in that region the certified FOL facilitators are still working with both, the Original Long Format and the 2000+ Format workshops. Therefore, no independent FOL facilitator should be working in that area. <u>Any person not connected directly with the Flower of Life organization is illegally working if they are anywhere in Latin America</u>.

If you are wanting to be a student of the Flower of Life training in Latin America or <u>anywhere else</u> for that matter, go to the only official Flower of Life web site at <u>www.floweroflife.org</u> and look to see if that facilitator's name is on the list. If it is not, then that person is not a certified trained teacher authorized by the Flower of Life organization. Beware, for they may tell you almost anything to get you to be their student.

And please be aware that if you take or already have taken one of these independent workshops or any workshop that was not sanctioned by the Flower of Life organization, you are not considered a FOL graduate and therefore you do not have access to the advanced FOL curriculum.

Why is it so important to choose a certified trained FOL teacher? Because there are many people in the world who are printing flyers and advertising themselves to the world as certified trained teachers either of the Flower of Life meditation or the Mer-Ka-Ba (Mer-Ka-Bah or Mer-Ka-Vah) meditation and in fact they have no training whatsoever. They have simply attended a FOL workshop or in some cases have just read my books (The Ancient Secret of the Flower of Life, Volumn I & II) or have "said" that some channeled entity has taught them, and then presented themselves to the world as an expert simply so they can make money and/or have power over their students. We even know that a person in South America wrote and published his own book using the FOL copyrighted materials and is actually teaching his own version of the workshop.

This is not in integrity. It is also dangerous. If I am to be responsible to you, I must make certain that the integrity of the information reaches you intact. At the moment, there are many charlatans out there claiming to know "everything about the Mer-Ka-Ba". You must be careful and use discrimination.

Further, some of these teachers have changed the actual meditation to include information that is not based in Reality but only within their minds. Since the Mer-Ka-Ba is the energy field and contains the Sacred Geometry that created the Universe, the misuse of this energy could have tremendous negative consequences, not only to the earth but also to you personally. Just look at what happened in Atlantis and the problems that continue up even to this day because of a few people who "thought" they knew what they were doing but obviously did not.

In one case a woman escaped from an insane asylum and began teaching the Mer-Ka-Ba meditation. She had no training whatsoever. But people believed her and she acquired about three hundred students before the authorities found her and put her back in the institution.

In another case, a man from Australia came to my workshop one time and told me that he had received all this information that I was teaching from Sai Baba in India. Then, without permission, he began to teach this information around the world, and then changed his story saying that he had received all this information, not from me, but from Thoth. He has changed the actual meditation so many times now that it is simply outrageous. The list goes on and on.

So in order for me to remain in integrity with you, I am informing you of this situation with the independent facilitators (and other teachers who claim that they know the Mer-Ka-Ba meditation) so that you will not be harmed. The solution is simple. Just go to the Flower of Life web site and check to see if they are a real teacher/facilitator or not.

And in order to correct the situation with the independent facilitators, because of the problems and the harm that is being transmitted through these teachers by creating more teachers, <u>I am rescinding their privilege to be an independent facilitator of the Flower of Life teachings</u>. It was an experiment that did not work. From now on, only teachers that are trained and certified with Flower of Life Research will be sanctioned. I hope you understand how important this is.

If you are one of these Flower of Life independent facilitators, I am asking that you no longer teach the Flower of Life information independently and definitely do not train other teachers. <u>To be clear</u>, you are no longer sanctioned by the Flower of Life or by myself to teach this copyrighted information. If you wish to continue to teach this information, then contact the Flower of Life organization to find out if you qualify for certification. If you do not want to be part of the Flower of Life organization, then I suggest that you find another way to earn right-livelihood that does not harm humanity.

In Love and Service

Drunvalo Melchizedek

A SEQUEL TO THE OPEN LETTER

(Sent to the Facilitators, Graduates and Friends of the Flower of Life in October 2002)

by Drunvalo Melchizedek

December 2002

The Open Letter really was in two parts. One was talking about the independent facilitators, who were trained by the Flower of Life organization, and the other about people who have taken the Mer-Ka-Ba meditation without permission and began teaching without any training, which is more important than no permission. I will do my best to explain each in their own way.

There is another aspect, where a few people feel that all I am trying to do by writing the Open Letter is to protect my copyrights and what they think is my organization, The Flower of Life. From rereading the Open Letter, I believe this is probably a legitimate response but not an accurate one. Some people believe that I am protecting my copyrights and don't understand that there are more important issues than copyrights. The most important issue is the proper transmission of the FOL material with integrity and responsibility to ensure that no one gets hurt by it or have it empower their ego and personal self-serving agendas, which we have seen happens all too often. I will explain this area first and in so doing I will probably answer part of the first one having to do with untrained teachers.

Long ago, in the early 90's, I was teaching this information and felt at one point that the information was developed enough through my workshops to simply let it go to the world without any restraint whatsoever. After all, the angels wanted this understanding to go out to the world, so why try to stop it?

So I had one of my workshops videoed and let the video go out to the world unrestrained. No control on the copyrighted material. No money coming back to me from the videos. No control on the meditation believing that anyone who watched the videos (about 33 hours long) would be able to understand the Mer-Ka-Ba meditation and would no longer need me. And I believed, at that time, that people would be able to teach each other the meditation and thereby spread this knowledge. This was fine with me, and it was my prayer. I just wanted to fulfill my agreement with the angels.

After about nine or ten months of the video series being distributed around the world, I met with a group of people all of whom had seen the videos series, but none had come to one of my living workshops. (Many other groups backed this up later.) There were 90 people in this group, and I felt this would be a good test case to see how the video series was doing. I had this group for five hours to ask them questions and to test them. I thought as I begun that I might find one or two people who didn't understand the videos, and that most of the people would.

To my surprise, and sorrow, only 15% of this group was able to understand the meditation from the videos and not make major mistakes. The other 85% were completely wrong. Many of them were not even close. They had every conceivable idea the human mind could think of to interpret my instructions for the meditation. It was a mess. As time progressed, I also began having people call me at home at all hours of the day or night needing to be rescued from performing the Mer-Ka-Ba incorrectly.

This was very upsetting to me, since it meant that my work was not over. I have to admit, I would rather just play music. So, what to do? After talking this problem over with many people that I worked with and with the angels, it was decided that if people are going to see these videos and be exposed to this information, there had to be **one practiced**, **trained and knowledgeable** person in the group that was watching over the students and videos who actually knew what the videos were talking about in order to keep the rest of the people on track and to make sure that the students understood and actually performed the meditation correctly. Creating the FOL organization to oversee the proper transmission and performance of the FOL material and the Mer-Ka-Ba with integrity was what I had to do to be responsible to my students. At that time I was simply concerned that people were making too many mistakes.

From this decision, the Flower of Life facilitator program was born to ensure the proper transmission and performance of the Mer-Ka-Ba. We began to train people to become FOL facilitators to make sure that they really understood what was being taught so that they could in turn responsibly teach the people who watched the videos. If they qualified, they were certified as a Flower of Life Facilitator. Eventually I even gave away the FOL organization to one of the facilitators who I thought could hold the integrity of the organization in the way I originally intended. I insisted that it remain as a legal organization and that the FOL material be spread responsibly and with integrity.

I personally, at this time, do not receive one penny from the students of the Flower of Life videotapes; however, I did insist that each facilitator send back to the FOL organization a very small percentage of the student's tuition in order to ensure that the FOL organization is maintained. The FOL organization I started is not owned by myself, as many people have believed, nor is it true that I make a whole lot of money from the FOL organization. I make nothing from the students. The facilitator makes the majority of the money with very little sent back from the facilitator to maintain the organization. I have no legal connection to the Flower of Life organization other than a contract giving them permission to teach this information responsibly with clarity and integrity. My connection with the FOL is an ethical and moral one, being that they oversee the responsible distribution of the material I released to the world.

Now as far as my "copyrighted material", this was necessary in order for a publisher to publish a book, which the angels had insisted that I do. Publishers will not publish your work unless it is copyrighted so that *they* will not lose their money. But at the same time, personally I have never cared about the copyrights. I wanted the information to go out to the world.

People have taken everything I have done in my life and even put it in their own books and sold it without giving me any compensation whatsoever. But I have not tried to stop them. The only part that I have stopped, or attempted to stop, is people teaching the Mer-Ka-Ba meditation itself because I have seen what happens when people are not trained and begin teaching. They make so many mistakes it is serious and people are harmed.

In fact, even when facilitators are highly trained under our watchful eyes, they sometimes still make mistakes in their understanding, which gets transmitted to their students. When this happens, and we find out, we have to go back and correct the situation. But because we monitor these teachers, we usually find out the truth of their teaching.

What I have found so serious, and have been saying very little out to the world, is that some of these people who have taken the class from me or a FOL facilitator or simply just read the books, have taken it upon themselves to begin teaching the meditation saying that I gave them special permission to teach or some higher force told them to do so, and then that this same higher force has told them to change the

instructions. This meditation is not something that I made up. It came from the angels (not Thoth as some have suggested) and not one thing in it can be changed without changing everything.

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The Mer-Ka-Ba meditation is like the Torah (and is secretly taught in the Torah). The instructions for the Torah, that every Jew knows, is that not one word in this book could be changed, for if <u>one</u> word was changed it would make the Torah completely wrong and useless. Now we know, from the "Bible Code" that the Torah is a computer code, and like a computer code, if one letter in the HTML programming is changed the entire web document is changed.

The Mer-Ka-Ba meditation as it was given to me by the angels is billions of years old and is the result of countless millions of civilizations using these instructions to transform and transmute their civilizations into higher consciousness. These instructions have proven themselves over long periods of time and under a myriad of circumstances. They do not need to be changed nor can they be changed, for if they are, they will almost certainly led the meditator into a state of consciousness that was not intended by the consciousness that gave these instructions to this world, and this can be extremely dangerous. The changing of the Mer-Ka-Ba meditation is equal to a mutation of the DNA. What the result will be, only God knows.

Further, many people, like Alton Kamadon, (who used to use the name Alton Melchizedek) and Gary Smith took this information from me, without permission and without asking or even saying thank you, and that I can easily forgive, but they both began to change the meditation in ways that makes me extremely concerned for the spiritual welfare of their students.

Further, again, they stole a specific advanced meditation of the Mer-ka-ba (different than what is taught in the Flower of Life class or through my books) that was never intended to be used by human beings as individuals. It was a meditation used by planets (through people) to begin their Mer-Ka-Ba fields. This was completely misunderstood by both of these men and others who are now teaching it. I myself, am not allowed to use it again as it's purpose has been achieved. Woe to these people who are using this Mer-Ka-Ba field. They are all in for a huge surprise in time that will not be comfortable. I have asked both of them to stop teaching this information, but they do not listen nor care what happens to the people that follow them.

To show you how people can influence other people who do not know the truth, look at Anna Hayes. She wrote a book called Voyagers under an assumed name of Ashayana Deane. In this book she claims that she is receiving this information from "The Guardian Alliance", which, according to Anna is "an immense group of beings residing within a myriad of dimensional locations within the Space/Time Matrix". Anna says that they are experts of "Merkaba Mechanics", and she says that this source is saying that the Mer-Ka-Ba field that I am teaching is wrong and has a reversed field. (A reversed field is one of the most serious misunderstanding that can even result in death of the body and a confused spiritual path for sometime afterwards) Let's look at an actual quote from her book:

"The "fixed" tailbone Merkaba Field is the mark of the Nibiruian Merkaba-Reversal that keeps the physical body literally locked into its present time vector and unable to achiever Star Gate passage - another of several other "little secrets that Thoth and his friends conveniently forgot to mention to their human "students"."

"Most of the humans who have fallen into using or teaching the Nibiruian Reverse-Merkaba have been covertly "set up" by the Thoth-Enki-Zephelium or Alpha-Omega Templar Melchizedek Anunnaki races to propagate this Base-11Reverse Merkaba perversion. Most, but not all, human teacher of Merkaba do not realize that they have been deceived in this way, and are not intentionally bringing harm to their students; the teachers themselves are being victimized and deceived by Fallen Angelic contacts."

Further Anna Hayes (Ashayana Deane) says, "Galactic Federation and Ashtar Command Anunnaki collectives, you will not realize that you inadvertently created External Reverse-Merkaba field is being actively used to amplify the 34-Top-Magnetic Counter-clockwise, 21-Bottom-Electrical-Clockwise and BASE-11-acceleration Nibiruian reverse-Merkaba spin ratio is in Earth's grids."

This last statement by Anna Hayes (Ashayana Deane) proves that the source of her information is misinformed (at the least).

In the Ancient Secret of the Flower of Life, Volume II, page 356, under the heading. "Spinning the tetrahedrons, top and bottom only." I say, "This is one of the biggest mistakes people make."

The Melchizedek tradition does not teach, nor has it ever, that we spin the top tetrahedron one-way and the bottom one the other way. Anyone who has studied this work carefully knows this is not true. This is wrong, and I clearly say so. Further the set of tetrahedrons that spin counter-clockwise 34 is electrical (not magnetic) and the set of tetrahedrons that spin clockwise 21 is magnetic (not electrical).

Anna Hayes (Ashayana Deane) is not only trying to reverse the Mer-Ka-Ba field, which is the most dangerous thing a meditator can do, but she is trying to reverse the archetypes in the entire universe, which goes against every religion that has ever existed since these things were understood. The "Fallen Angelic contacts" that she references in five paragraphs above is not Archangel Lucifer and his band, which most people would assume, but in her statements it is Archangel Michael. A quote from her book that references Archangel Michael, *"More aptly described and historically known as "Arch-Demon Michael"*. She sees Archangel Michael as evil and the source of darkness. She even sees Jesus as evil. Yet, people are blindly following her. What she does offer humanity is the gift of discernment.

I have remained silent for a long time watching and listening to this chaos and confusion that many "teachers" are transmitting to the world. Now you have to make the choice. It is your decision. Go into your heart and listen. Your heart knows the truth. Keep it simple.

One more problem that must be addressed for there is more confusion around a specific person. This is the special case of Donna Kleipool. Donna was a Flower of Life facilitator for many years. She fully understood the Mer-Ka-Ba meditation and was one of our best teachers.

However, Donna wanted to become an independent facilitator separate from the Flower of Life organization for her own motivations. Donna did not want to abide by the contracts. In trying to solve this dilemma, I allowed a few facilitators who no longer wanted to abide by the contracts and regulations to operate as independents about a year ago. However, when this special permission was granted, Donna, and everyone involved in this special permission, was informed that they could teach anywhere in the world except for Latin America, as that was a place where the long version tapes were still being used. Latin America was placed off limits to her or anyone asking to be an independent facilitator. She told me that she was going to teach in Holland or Europe, and I accepted that. Even her web site now comes out of Holland. But Donna changed her course and began teaching in Latin America, specifically in South America. She admitted to me personally that she was wrong in doing this, and so I cannot allow her to continue to teach in Latin America or anywhere else at this point. It is that simple.

I know that many people love her and respect Donna as a teacher, but she was not in integrity working in South America. Donna and a few other independent FOL facilitators broke the agreements they had with me in one way or another, so I have rescinded the entire idea of independent facilitators because of the chaos it was causing between the trained and certified Flower of Life teachers and because of the confusion that it was creating among students and the general public. I am no longer sanctioning any independent FOL facilitator or their workshops anywhere in the world.

I am deeply appreciative to the certified FOL facilitators who have consistently chosen to uphold the spirit and integrity of the contracts and agreements that embrace the whole of the FOL organization rather than supporting their own personal motivations. It is these people and their pure hearts that have helped so many people understand the nature of the Reality we all live in.

Please understand that out of hundreds of trained FOL facilitators in over 60 countries, only a handful of people, just six or seven, have caused these problems. The majority of the honest FOL facilitators have proven that they can "walk their talk" by living and teaching the principles taught in the Flower of Life. They have cooperated with each other with love and compassion, and from my heart to their hearts, I deeply thank them for their dedication.

Life is so complicated sometimes. All I ever wanted was to let the world have this information without problems. So for me, this has been an immense teaching about the people of Earth, human nature and the self-centeredness of the human ego.

I realize that many people feel that this information of the Flower of Life does not belong to me but to the world, and I would be the first person to agree. The problem is: <u>"How does this information get into the hands of someone who really wants to know the truth without distortion, changes made by the ego, or cult like control issues?"</u> I didn't even want to write this letter, but in order to maintain integrity of this information, I must set aside my feeling, and let you know why Flower of Life certified facilitators must be the only source for the teaching of the Mer-Ka-Ba meditation as it was given to me.

The happier side to all of this is that I believe that humanity will eventually drop their ego and cooperate and finally understand the human light body for what it really is, *the creation pattern*, and will make the great ascension into the next higher consciousness. This I am certain of. No matter what you think of me or this letter that is coming from my heart, I love you and wish the very best in Life for you. I believe in you, and that you will find your way out of this confusion and the darkness of this dense world and back Home to the Source of Life and Love.

God bless you.

In Love and Service,

Drunvalo Melchizedek

THE CHILDREN OF THE NEXT 1000 YEARS

By DRUVALO MELCHIDEZEK

The story you are about to read is true, but it is also unusual. So much so that if you do not have an open mind, it will seem impossible. And if you don't have an open heart, it will not be understood so that the meaning can be lived.

Over the last few years I have been to the Yucatan several times working with the Mayan shaman Hunbatz Men. He has been performing the ceremonies of the ancient Mayan priests in modern day times to bring in and stabilize the new energies of our sun, energies that have never before entered into the Earth and altering the way we perceive life. His work is very important to the unfoldment of the new world on Earth, and to the birthing of our new consciousness.

A few months ago a man named Ellis, who used to work closely with Hunbatz Men came to me and began to tell me this story. He said that in Columbia there was an aboriginal tribe deep in the Amazon jungle called the Kogi. They had no language and "spoke" only telepathically to each other. In truth they made little sounds, but these sounds were not logically arranged into any pattern such as an alphabet. They were just sounds, but these sounds came from the heart not the mind and created images inside your head, and you could "see" what the other person was communicating. Ellis said that they were able to "travel" out of body clearly and knew everything that was happening around the world, though they had never physically left their homeland. They had never even tried to communicate with the outside world, except to a very fortunate few.

The Kogi do not see us as "sleeping" as many of the Hindu and Oriental religions perceive us. The Kogi see us as "dead". We are not alive, but only shadows of the energy we could be. We do not have enough life force energy and consciousness to be classified by them as real people.

And the Kogi believed with the use of their psychic abilities, they could see the future clearly. And what they saw was similar to what many other tribes around the world saw, a world that was about to be destroyed by the misuse of consciousness.

So sometime ago they traveled over the whole world in their light bodies searching for anyone who is alive. And in the whole world they could only find one other tribe who were Mayan that lived far in the jungles of Guatemala. They were so happy to find someone else who was alive.

But the Kogi belief, their prophesy, was that with the coming of the Eclipse on August 11th of 1999, all the world would stop and only the Kogi and this one other Mayan tribe would survive to inhabit the Earth. This is why they were so happy to find someone else other than themselves who understood.

Then when the eclipse slowly revealed its face on the 11th of August, it became apparent to the Kogi that something had happened since the time they had searched the world for life. Something that they could not understand for the "great change" had happened, and we, the "dead" ones were still here. We should have dissolved back into the Dream. Not that they wanted us to, that was not their nature. It simply should have happened.

So the Kogi set out to find out why the "dead ones" were still on Earth, and as they searched the living vibrating records of this Reality, they found exactly where and why it had happened. Some of the "dead ones" had become alive, and had created a dream with enough life force to "save the world" as we know it. In our terms, some of us had created a "parallel world" where life could continue to grow, a world where the "dead" could become alive. The Kogi were so specific to locate exactly who these people were that were creating this change that had altered the world's destiny.

The Kogi saw these people with living bodies of light around them. People who had activated their "Light Bodies" or in the ancient terms, their "Mer-Ka-Ba". Since I was one of the teachers of this information, the Kogi sent a messenger to Ellis and from Ellis to me. They sent me a small amount of tobacco wrapped in a bright red piece of cotton, and simply said "Thank you".

A couple months later, the Kogi sent Ellis another gift to give to me with a message. The gift was a small ball of dark and sticky tree sap about the size of a plum. It smelled of the jungle. There was an energy around this gift of sap that I could feel deep inside me. I felt the connection in my heart.

The message was that they were going to send someone to me to teach me how to speak without words so that we could communicate. They then said that once connection and communication had taken place, they would ask that I enter into the Colombian jungle and visit their tribe. And that if I would visit their world, they would visit mine. They would then be prepared to come out of the jungle, for the first time in the history of their tribe, and go on world television, no less, and talk to us.

Whatever "talk" means since they have no language that we know, I am not sure. And what it is that they have to say, I also do not know. But through this little piece of tree sap, I am beginning to feel.

After Ellis left on this second visit, I sat and thought about this whole event. Was it true that the Kogi could see this clearly into the Reality? Were they really going to send someone to me to teach me how to speak without words? What was this really all about? I meditated with the angels, but they only approved what was happening, but would not give me information or assist.

Then last month in November, I gave an Earth/Sky workshop in Mexico and about 100 people came from all over Mexico, Central and South America, and one of the countries that many people came from was Columbia. And from this group, there was this young lady whose name I will keep quite to protect her.

She was different than any of the other Colombians. Whenever we entered into sacred space and could feel the presence of God, she would begin to seemingly go crazy with ecstasy. Not that that was really unusual, but it was extreme.

This woman would become primal. Her whole body would begin to shake and a different person would emerge out of her with a different feeling to her words and different body language. I watched her, looking for the reason why she had come to this work and looking for a way to help her.

Then on the last day of the workshop it happened. The group had formed one great circle, and we were singing to God. This lady broke away from the circle and began to dance primitively and unashamed within the centre of the circle. She abandoned herself and seemed to lose control. I went over to her and took her hand to comfort her, and she grasped my hand and looked deep into my eyes and made a soft and longing sound. The sound went straight to my heart and vibrated inside my very centre, and I could "see" what she was saying. I had never experienced anything quite like this before. I didn't understand at that moment what was really happening, my heart simply reacted.

I took her outside the circle and sat down facing her. Then she made another "sound", and my body responded with another similar "sound" that had never come from me before. Instantly, we were speaking in a new and profound manner that was so beautiful, so complete. It made all the languages of the world seem inadequate and obsolete. For two hours we communicated in images of full colour and depth with all the sensory completeness of real life. I learned so much. I learned about life, and I learned about this woman within a woman.

She showed me with her sounds where she had come from, a small village next to the Kogi tribe. She showed me her husband and her three children. I know them like they were my family. She showed me around her village where I met two other older men who were from the Kogi. She showed me how her tribe had asked her to enter this woman's body and to come and see me. She was instructed to teach me how to speak without words. She was told that once she had done this one thing, then she could leave this woman's body and come back home and be back with her family. She missed her husband and children very much. I could "see" how when this lady returned home she would leave her body. I could see her own body lying in a pile of grass inside a grass hut waiting for this moment.

When I returned home, I saw my wife Claudette, who I love so much, in a new light. I loved her in a way that was different, because I could hear the sounds coming from her heart. I could see her pain, and I could see her joy. I was so happy for this experience with the Kogi, but I still didn't know what was happening to me.

It seemed to just bring a great anticipation of something to come.

Then two weeks ago I gave an Earth/Sky workshop in Maryland. While I was setting up and preparing for the workshop, I told this story to a woman named Diane who was facilitating the workshop. She asked if I would demonstrate these sound. And I agree to do so.

We sat facing each other, and I asked her to close her eyes. Then a sound came from my heart and at the same moment an image appeared within my mind.

It was a full image of a large cat, a puma, walking along the edge of the Amazon near the water. Then it jumped up onto a tree and began to walk along the edge of a long and heavy branch that slowly sloped down to the ground. It jumped back to the ground and continued to walk along the edge of the water. I opened my eyes.

All of this took only about one minute.

I asked her what she saw, and she began to tell me exactly what I had seen. She described it perfectly. A joy emerged from my heart.

I then asked her to again close her eyes. Another slow and strange sound came from my heart, and instantly another image. I not only "saw" but experienced what seemed like myself, floating out of the woman's body from Colombia and rising high up into the air. Then I felt myself begin to fly very fast over the jungle.

I could see the trees moving rapidly under me. Quickly I approached a village, and I felt myself getting lower to the ground and heading for a specific grass hut. In the next instant I was inside the body of this tribal woman looking out of her eyes. She knew I was there. She did not mind, it was suppose to happen.

Her husband quickly took hold of her/me and was obviously happy that she/I had returned. He knew also that I was there, and was also very happy. Then all three of her children ran up and began to hug her and love her. The youngest one reached in and began to suck on her breast. It was a very moving experience to meet this family that I didn't know and yet I did. Then I opened my eyes.

I waited a moment to centre from this experience, and then asked Diane what she saw. She began by saying that she experienced herself as a "bug" coming out of this woman's body. And then she lifted up into the sky and began to fly over the trees of a jungle. She watched as we went down to the grass hut and met the "family". She saw perfectly.

I sat quiet for a long time. I could feel this was a gift of unparalleled value. But what did it mean to the me or the world? All of this was such an unusual experience that I still do not know what this means.

When I returned home from the Maryland workshop, every night for the first seven or eight days, I would find myself dreaming that I was "home" in this village.

The dream would last all night long with a complete memory of the dream the next morning. I would dream that I was doing my chores in the village, and living my life. Taking care of my children and husband. Many, many men from both tribes would come up to me and ask questions with sounds that made images. These people were beautiful and yes "alive". I understood why they saw us as "dead". I could "feel with the sight of my heart" what they meant. I knew they meant to help if they could. They were amazed that I was there. So was I.

Now, it is only the beginning. The Kogi are excited about the way we are growing. They want to come to us. God willing, they will.

They have asked me now to give you a message in your language if you can accept it. You who have discovered your light bodies and are changing the world by your lives.

"You are changing the world into light. Be not afraid of your innocence and your child nature, it is close to God. Let your imagination soar into a Dream where love surrounds all events, then "see" it as real. Let the sounds of your hearts talk to those who are not alive. You have shown them the way by your example, now "show" them the way from within. Listen, and your heart will speak. We are with you now. We will help you.".

May the next 1000 years be golden, and may the innocent children lead the way.

I love you, Drunvalo...

INTERVIEW WITH DRUNVALO

By Rebecca Goff , April 1996

Drunvalo Melchizedek has a degree in Fine Arts and Painting with a minor in Physics and Mathematics from the University of California at Berkeley. Since 1964 he has been on a conscious spiritual path. He has been studying Sacred Geometry for 35 years. In the 1980's he began teaching on this subject and, because of his dedication to and love for the topic, he has brought it into public awareness on an amazing scale. Dolphin swims became an area of interest to him approximately 3 years ago.

RG: I understand the most profound aspect of your work is the MerKaBa. Please explain what that is and how Sacred Geometry fits in.

DM: I don't know if the most profound aspect is the MerKaBa itself because the MerKaBa is a living field structure. It's what creates that field that is truly profound, not the field itself. The field is created through a deep understanding of reality and of God and of one's self.

Primarily the field is created through love. To me, the most profound aspect of the MerKaBa is love itself. It is true that the MerKaBa is an area we focus on in the "Flower of Life" workshops. But in itself it is not profound. What life does with it, how life creates with it...that's what is profound.

RG: Exactly what is the MerKaBa and how does Sacred Geometry relate to it?

DM: First of all Sacred Geometry relates to absolutely everything. There is no subject anyone can use words to name to which Sacred Geometry does not relate.

The MerKa Ba is, technically, lines of energy within and around the body in the shape of geometrical forms which are all interconnected. In the third dimension this energy is electromagnetic in nature. The MerKaBa has components in all the other dimensional levels, so it is not just electromagnetic. It extends through all dimensions and has appropriate aspects within those dimensions that relate back to it. The MerKaBa is the geometry that created reality in the first place. Within the MerKaBa are the geometries that created everything that is. It happens to be around your body. The MerKaBa becomes the MerKaBa when someone's mind sees absolute unity and when their heart knows and lives absolute unity...when it begins to open up to all life, everywhere.

When the mind and the heart come together in a very particular way, the geometries around the body become alive. They become living fields. When these fields are turned on properly, the disc and the sphere...the shape that looks like a flying saucer...appears around the body. It is that aspect most people call the MerKaBa...the aspect that looks like a flying saucer. There are many different kinds of MerKaBas. They are created in many different ways, depending on which field one is connecting into and how they are doing it.

The MerKaBa can be anything, anything at all. It can be anything that was ever created, ever will be created, or anything that is ever within creation. It can be many things even beyond manifested reality. When a student begins to grasp what the MerKaBa is about, he or she realizes it is not something you learn in a second or a minute. It's like a tree growing. The more you breathe into it, the more you live with it, the more you see how all life, everywhere, in all of creating is connected through it. It can be whatever the imagination, the heart and the mind want it to be.

RG: You've mentioned planetary grids in recent workshops. Could you give us some more information about that?

DM: The grids are a duplication of the fields around the human body. The fields we talked about from the MerKaBa, which are all those electromagnetic fields, extend around us for about 55 feet. The exact same fields extend around Mother Earth. They also exist around the moon and the sun, the galaxy and atoms, etc. It's always the same. The fields are always identical, though each life form activates different ones. Within these primary grid patterns, there are possibilities of creating extremely unique patterns generated from the geometries of the original set. For example, every life form that exists in physical form has its own pattern unique just to itself. Every crystal has a crystal shaped geometry pattern unique to itself. Life forms, even if there are only two of them in the whole world, one male and one female, will have a grid that extends around the entire planet. These geometrical grids extend from an average of about 60 feet in the earth to an average of about 50 miles above the earth. In 1900 there were approximately 30,000,000 species on the earth, meaning there were about 30,000,000 grids around the earth. The grids of these species are all interlaced together and present a glow of light going off the planet.

Humans have 3 grids. Those 3 grids are unique and are distinguished by chromosome levels within us. Each one of these grids is like a lens through which your reality is interpreted. You see everything according to which human grid you are connected into. The aboriginals are connected into the primary, and oldest, human grid. We are connected into the second oldest one. Our third dimensional reality grid is based on triangles and squares.

The new grid, the Christ Grid or the unity consciousness we're all moving toward is based on pentagons, and is a relationship between the dodecahedron and the icosahedron. There is a particular, very specific form between the two geometries. This form is on the outermost limits of the 55 feet around humans and up about 60 miles. It's one of the highest ones above the earth right now. These grids are very important to us whether we are aware of them or not. As we become more aligned with spirituality we're going to begin to discover something about ourselves we never knew. As we move into Christ Consciousness we're going to find that we are really just cells in a larger body. The thoughts and feelings of anyone, anywhere in the world, no matter who it is, can truly become our thoughts and feelings. We can know and experience anyone, either a particular person, a country or a whole planet. It will all be accessible to us.

It's already this way with the aboriginals. They call it "Dreamtime". They are able to go into this dream state with their eyes open where they're able to be and see what any other aboriginal has ever seen or felt before. We don't have that accessible to us in the grid we're in right now, because the consciousness lens we look through is one of duality and we feel ourselves as separate. We see ourselves as inside a body and whatever is outside there is not us. Of course, that's just an illusion. We're about to drop that whole way of seeing things. We're about to move into a way where we will become the earth and we will literally be it. We will know and feel everything that moves and thinks on the surface, in the air, and in the water. It will all be part of our body. It's a way of living that's almost beyond our imagination right now...it's on the outer edges of what's possible for us.

RG: If certain people in a group learn the technical aspect of the MerKaBa can others join with them simply through love and achieve the same states of consciousness?

DM: Yes they can. In fact when I was told to do the MerKaBa, I was originally told to not worry about trying to reach the whole word. It is only necessary to reach a few people and through those few people...just a few people...really living the truth of what this means, the knowledge would go into the grids.

Once in the grids it's accessible to anybody on earth. Once something has been lived by one person, it's accessible to all. This is why God sent his son Jesus here. It only took one person to live resurrection for it to be accessible to everybody in the world. But somebody had to do it. In this case we're talking about group consciousness and the time is here now. It took 13,000 years to create this current grid over many cultures and many times, and it's here now. It's alive. It's fully intact. And, people are connecting to it. In fact, at this moment, it is our belief that almost every person in the world is, in their heart, connected to the new way of being. There are very few people left who are still holding on to the old ways.

RG: Is this information something we need to teach our children about, or is it something they will naturally come to know?

DM: We believe that children are closer to the truth than adults. They just come from the other worlds, and the feeling and memory of what that truly is, is still there. As they get older the memories begin to leave and by the time they're 12 years old they lose it. Children are safe. They are close to God and they know the truth. My thought is that as this consciousness begins to unfold in a very rapid manner around the word, it will actually be the children who will lead us into the new reality. They will know more about it than we will.

There's more to it. Many of the children being born over the last 23 years or so are not ordinary children. They are coming from higher levels of consciousness. They're bringing higher levels down into this level as part of a greater plan. When the time does come, as we approach the final days of this era, these children are going to interact in a way that will seem impossible from our point of view. They are going to connect and become one living being. Children all over the world will begin to emanate a vibration that will change the world. It will accelerate everything we're trying to do.

RG: I understand the "Flower of Life" is being taught by approximately 200 facilitators in 17 countries. You yourself are only doing advance work. Could you please explain this area of your work, and how it advances the science of Sacred Geometry?

DM: The advanced work is an area that Mother Earth has asked us to go into. It is really an extension of the first level, an extension of the possibilities of the MerKaBa. In the advanced work you are not just creating a field of energy around yourself. Here, two or more people are coming together and creating a field between them that both or all use simultaneously. There are unlimited possibilities where two or more come together. I'm not sure how this advances the science of Sacred Geometry. I suppose every time anyone goes deeper into the possibilities of the MerKaBa the remembrance of that person brings it into the earth grids from which all of life is advanced.

The Sacred Geometries simply are. They always have been. They always will be. They don't change, no matter what we do about them. But as people remember more and more, that goes out to all life everywhere.

RG: With regard to the MerKaBa and all of the work you are doing, why is it important to have this knowledge at this time in our history?

DM: It is our belief that the earth is going through a consciousness change. We're going from one level of awareness into another. People talk about it in terms of the earth changes and dimensional changes. We have all kinds of words and ways of relating to it, but basically it is a huge, enormous change from who we are now to who we're about to become.

The MerKaBa is a transition, a bridge, that can take consciousness from one level or one world into another in a smooth, harmonious way. We use the MerKaBa even when we die, but we use is unconsciously. We're not even aware it is there. Whenever spirit moves from one world into another, it's always through the MerKaBa field, or someone else's MerKaBa field. It's a fact of life. It's only natural for a planet like earth, which is going through this enormous change, to begin to remember the necessary information to get us from one place to another.

RG: We know you have done some dolphin swims and some people who work with you have done some experimentation using the MerKaBa fields with the cetaceans. Do you have any comments on this aspect of the work?

DM: It's pretty exciting to me personally because I have done my own experimenting and have watched other people do experimenting with this. I've taken four or five groups, maybe six or seven, out into the Bahamas to swim with the spotted dolphins. I have seen the difference between just being in the water and being in the water with your MerKaBa on. The dolphins relate in a totally different way. They can see and sense and feel our MerKaBas, and we can see and sense and feel theirs, if we tune into it enough. I think when the dolphins see someone with their fields on, they realize we are becoming awake, so they are interested in us. I have watched so many incredible things around this!

RG: If someone were interested in working with you personally, what would they have to do in order for that to happen?

DM: With few exceptions, I've never worked with people individually. I've always worked in groups. The only way it is possible for a group to work with me now is if they go though the "Flower of Life" program, see the first set of videos, and understand how to do the first level of the breathing. We ask that you go through the "Flower of Life" program because we have found that, if you just watch some of the older videos circulating around the world, you are missing about 14 hours of information. Very few people are able to fully understand what we are saying in the advanced workshops without this missing information. If you go to a workshop and see a complete set of videos, in the presence of someone who already knows how to do the breathing, they can talk to you and make sure you are doing it right. Once I know you have been through that training and you really do know how to do the MerKaBa, then you are eligible to come to advanced training, which I teach personally. It's the only avenue open at this time for personal training with me.

RG: Is there a possibility of one becoming too mental with the study of Sacred Geometry?

DM: That depends on how you look at it. It's very easy for some people, especially a left-brained person who is extremely logical, to think that what's important in the MerKaBa are the geometries and the fields themselves. In truth, that may be important to that person. In other words, that person may go totally into it and do nothing but study that aspect. That is what they need out of the MerKaBa at that time. Eventually there must come a place where the heart enters into it or the field will never become alive. You can get so far into the geometries that you forget what it was all about in the first place. That does happen to some people, sometimes.

RG: If people are unable to take the "Flower of Life" courses at this time, and there were one suggestion you could give to the world in general as to what would be helpful for them at this point, what would that be?

DM: To relax! (laughs) And to very, very clearly go into nature somewhere and listen to their heart...listen to what it is they really, really want to do. Then to follow their heart very carefully, so their whole life changes into a life-pattern that feels really, really good to them. If they're doing exactly what their heart wants to do, they're going to be moving in alignment with the earth. It will naturally happen.

The second focus of that is to align with nature, because if you are following your heart, and if you are tuning to nature, a whole process begins (if someone wants to study the Kahuna Religion or many other spiritual disciplines) through connecting to the earth with the heart. The spiritual unfoldment and the remembrance of everything one needs, will happen naturally.

Things like the workshops and such are for white man, who is disconnected from nature. That method of opening the heart works for many people, but if you don't have that open to you, just remember to stay right in that place where it feels good. This means being with the people who make you feel good; being in a job that makes you feel good; doing a life purpose that makes you feel good; so you feel this is exactly what you really, really, really want to do. There is a tremendous secret and power in doing that.

RG: I wish there was a way to get off the tape and into this interview the incredible love that flows from you into those around you. Thank you very much for your time.

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